

SUSSP73

An Introduction to General Relativity, Gravitational Waves and Detection Principles

Martin Hendry
University of Glasgow
Institute for Gravitational Research

July 2017



Gravitational Wave Astronomy

The 73rd Scottish Universities Summer School in Physics

Confirmed speakers include:
Prof Nils Andersson, University of Southampton, UK
Dr Marie Anne Bizouard, CNRS, France
Dr Joan Centrella, NASA, USA
Prof Karsten Danzmann, AEI Hannover, Germany
Prof Andreas Freise, University of Birmingham, UK
Prof Giles Hammond, University of Glasgow, UK
Prof Mark Hannam, Cardiff University, UK
Prof Martin Hendry, University of Glasgow, UK
Prof Jim Hough, University of Glasgow, UK
Dr Oliver Jennrich, ESA, Netherlands
Prof Nergis Mavalvala, MIT, USA
Dr Maria Alessandra Papa, AEI Hannover, Germany
Prof Sheila Rowan, University of Glasgow, UK
Prof Stephen Smartt, Queen's University Belfast, UK
Prof Peter Saulson, Syracuse University, USA
Prof B.S. Sathyaprakash, Penn State, USA
Prof Alicia Sintes, University of the Balearic Islands, Spain
Prof Niall Tanvir, University of Leicester, UK
Dr Chris Van Den Broeck, Nihkef, Netherlands

**University of St Andrews
Scotland
23 July - 5 August 2017**

*General Relativity
Astrophysical sources
Detectors
Data Analysis
Multi-messenger
Industrial, policy and outreach talks*

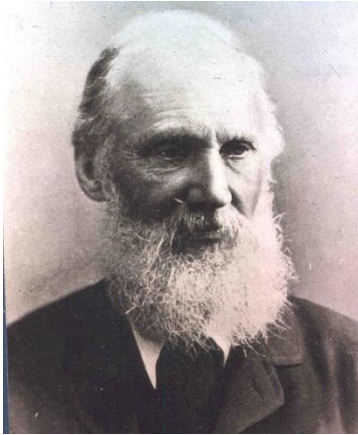
Further info & registration: <http://www.supa.ac.uk/research/sussp73.php>
Email enquiries to: Jenny.Anderson@glasgow.ac.uk

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Prof Masaru Shibata, Kyoto University, Japan
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Bursaries available





William Thomson
(Lord Kelvin)
1824 - 1907



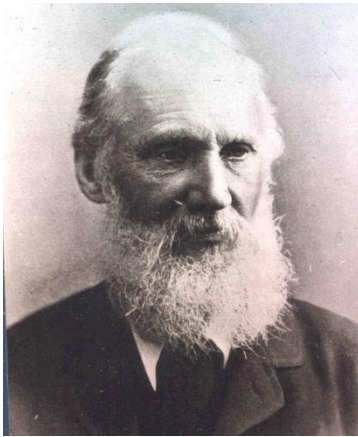
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“There is nothing new to be discovered in physics now.

All that remains is more and more precise measurement” (1900)

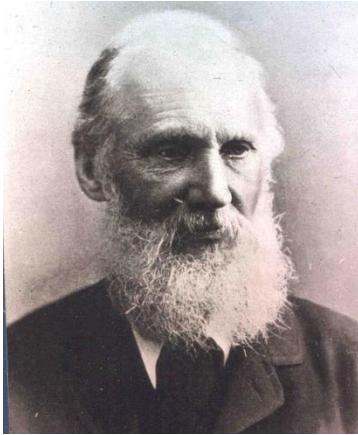
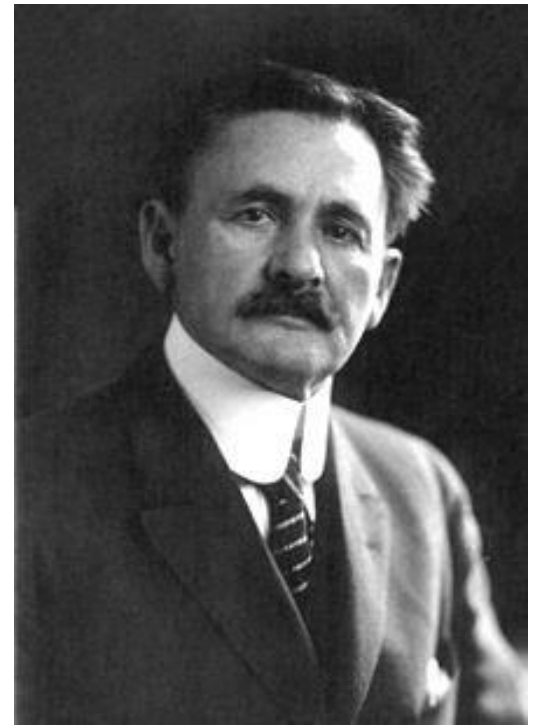


William Thomson
(Lord Kelvin)
1824 - 1907



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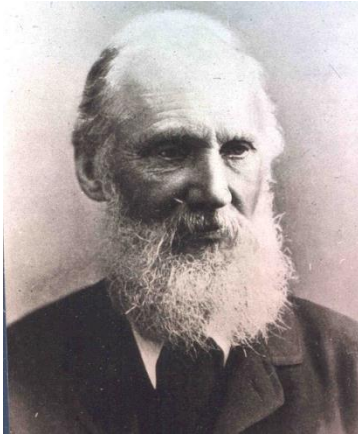
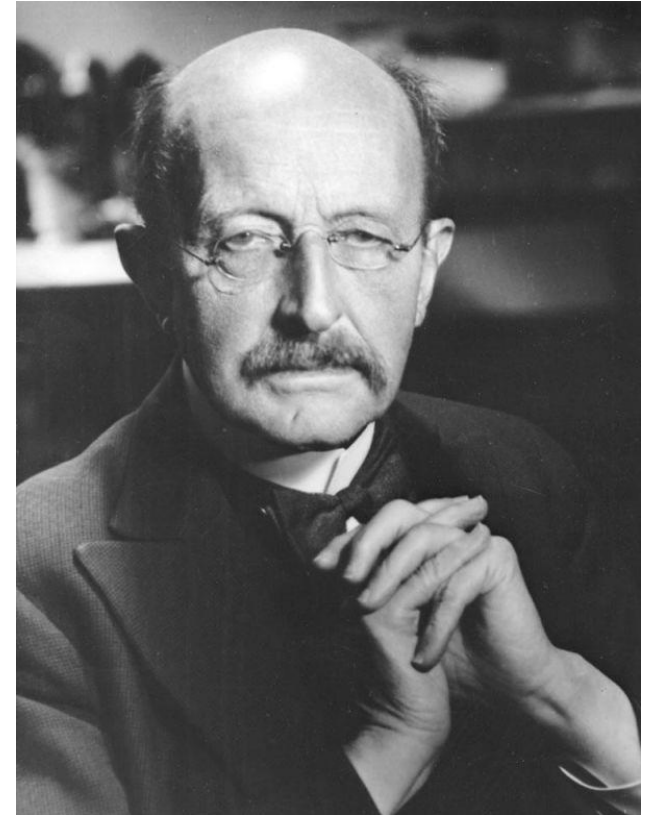


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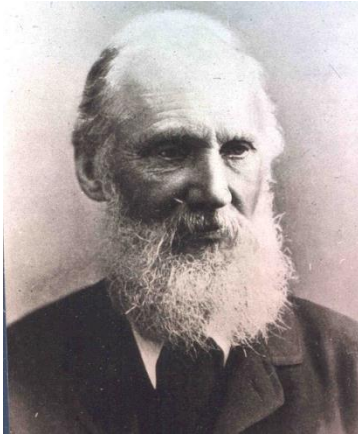


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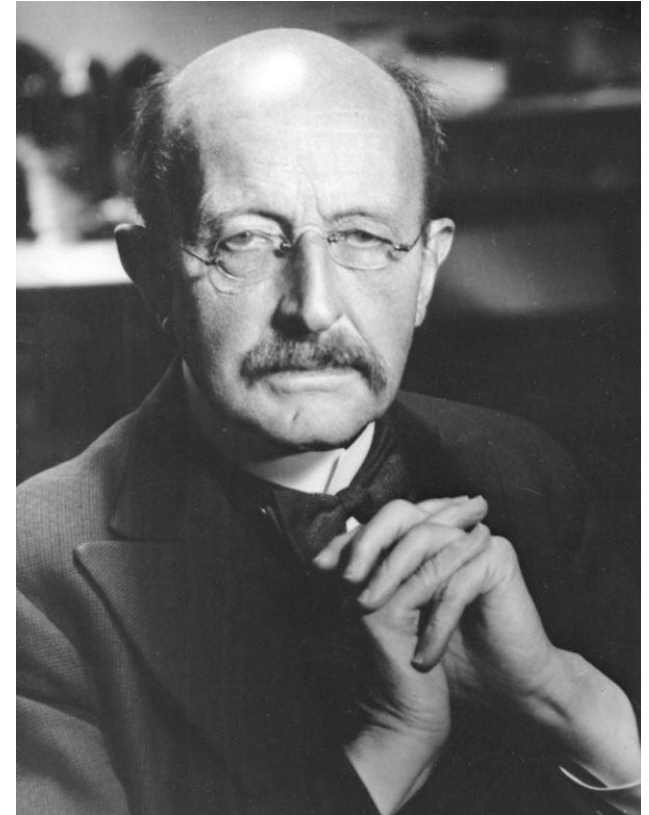


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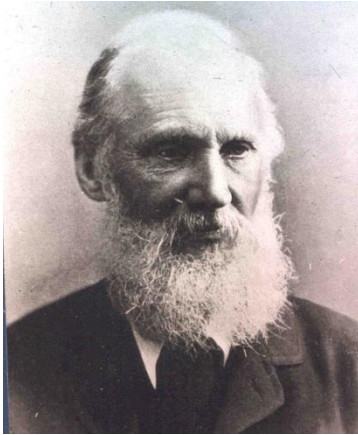


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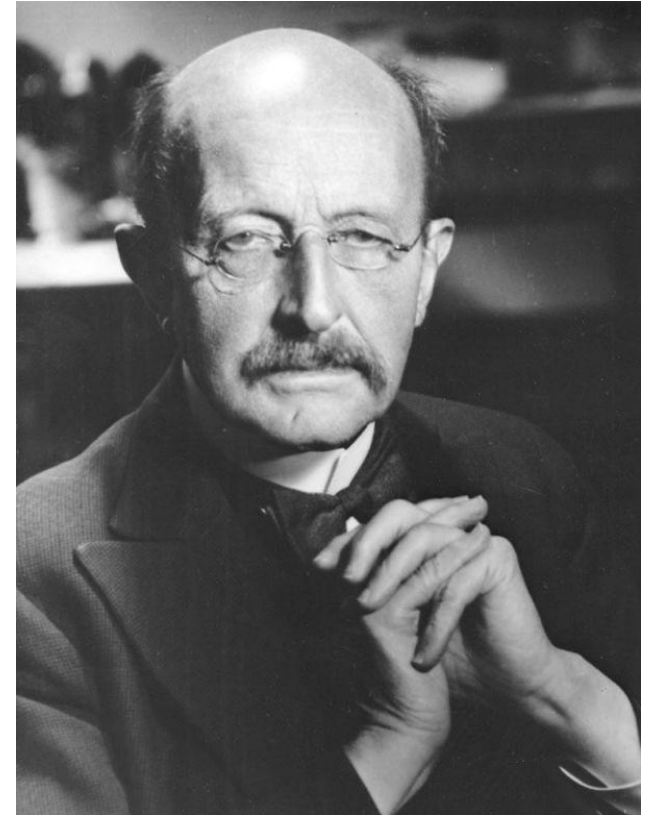


“In this field [physics] almost everything is already discovered, and all that remains is to fill a few holes.”

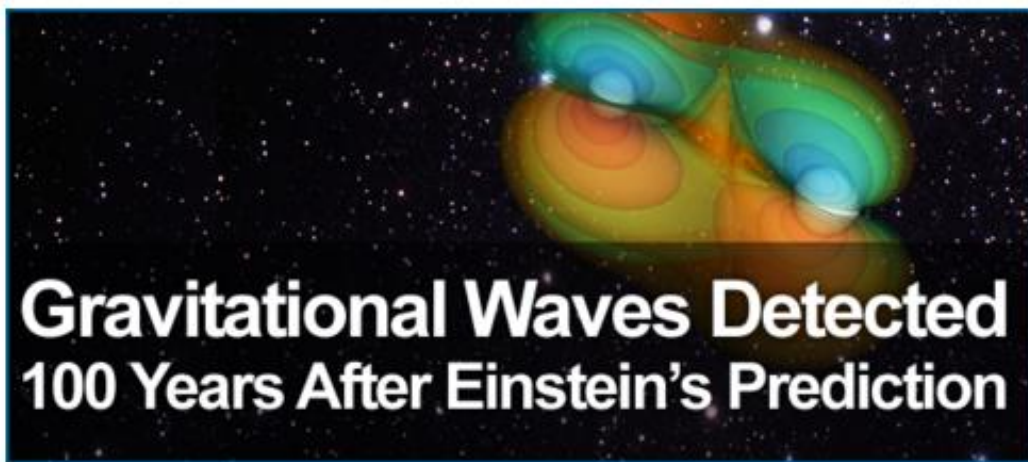




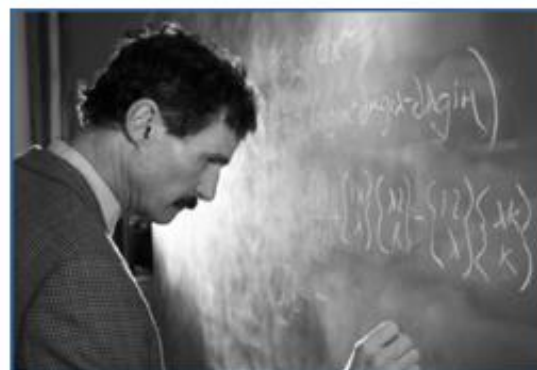
William Thompson
(Lord Kelvin)
1824 - 1907



“In this field [physics] almost everything is already discovered, and all that remains is to *find* a few holes.”



Gravitational Waves Detected 100 Years After Einstein's Prediction



"LIGO, the Path to Detection":
 Watch the trailer for this new film.

NEWS

- Feb 24, 2016 [LIGO members to testify on the discovery at US Congress](#)
- Feb 17, 2016 [LIGO-India approved](#)
- Feb 12, 2016 [White House Congratulates the LIGO Team](#)
- Feb 11, 2016 [LIGO announces the detection of gravitational waves](#)
- Feb 8, 2016 [Media Advisory: Scientists to provide update on the search for gravitational waves](#)
- Jan 16, 2016 [LSC Statement on Harassment](#)
- Jan 12, 2016 [First Observing Run \(O1\) ends](#)
- Dec 23, 2015 [Planning for a bright tomorrow: prospects for gravitational-wave astronomy with Advanced LIGO](#)

PRESS RELEASE

Feb 11, 2016
[Gravitational Waves Detected 100 Years After Einstein's Prediction](#)

[More at the LIGO Lab website](#)

ABOUT LSC

LIGO Scientific Collaboration is a group of **more than 1000 scientists worldwide** who have joined together in the search for gravitational waves.

[Learn more now](#)
[Get involved! Find out how](#)



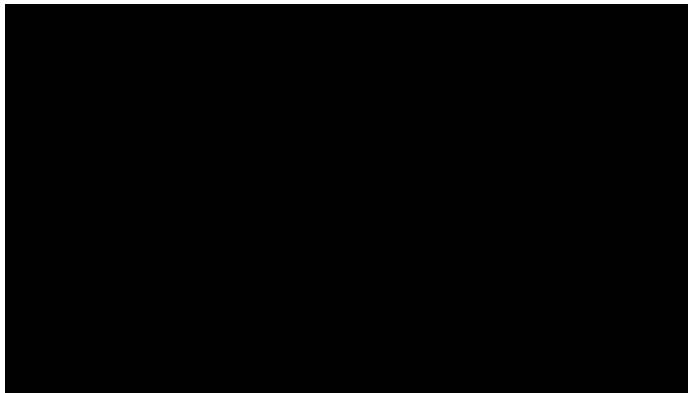
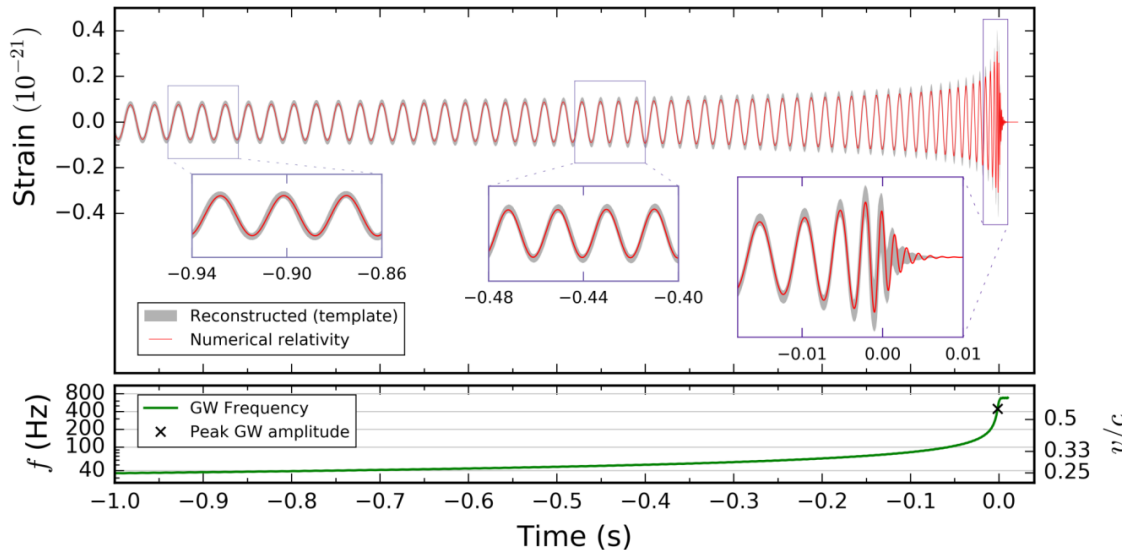
"LIGO Generations": Four generations of scientists working toward one goal. **Watch this documentary about LIGO.**



"LIGO: A Passion for Understanding"
 Watch a documentary about science and people of LIGO

GW151226: a late Christmas present

Binary black hole merger: ~ 14 and ~ 8 solar masses

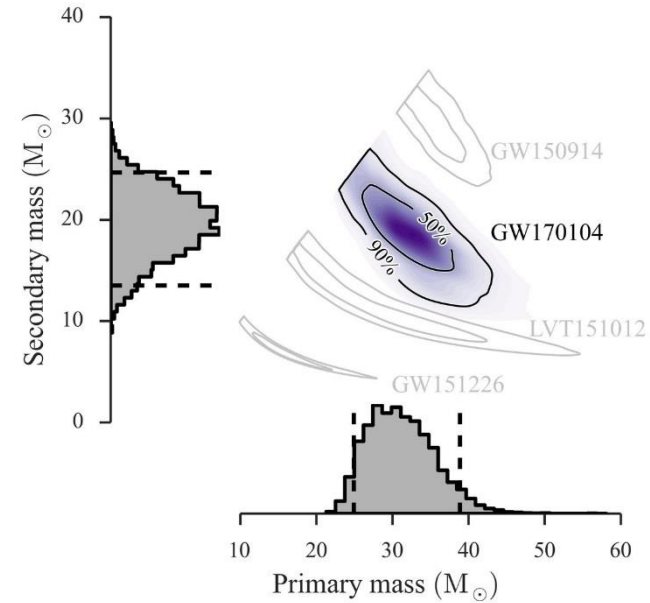
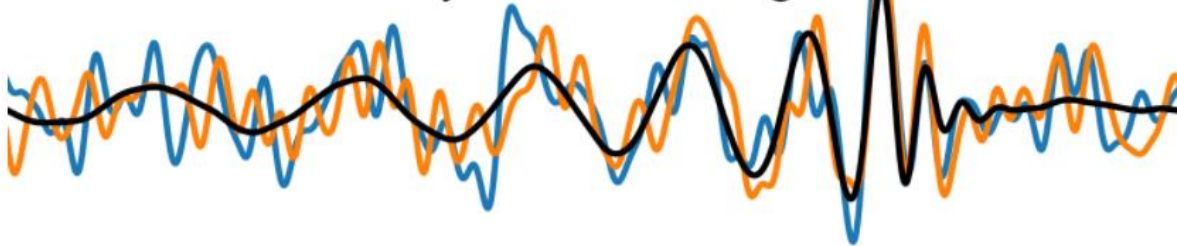


- Lower SNR, detected via **matched filtering**
- Spent ~ 1 second in band; inspiral observed for much longer than with GW150914
- Peak GW strain of about 3.4×10^{-22}
- At least one of BHs has spin > 0.2

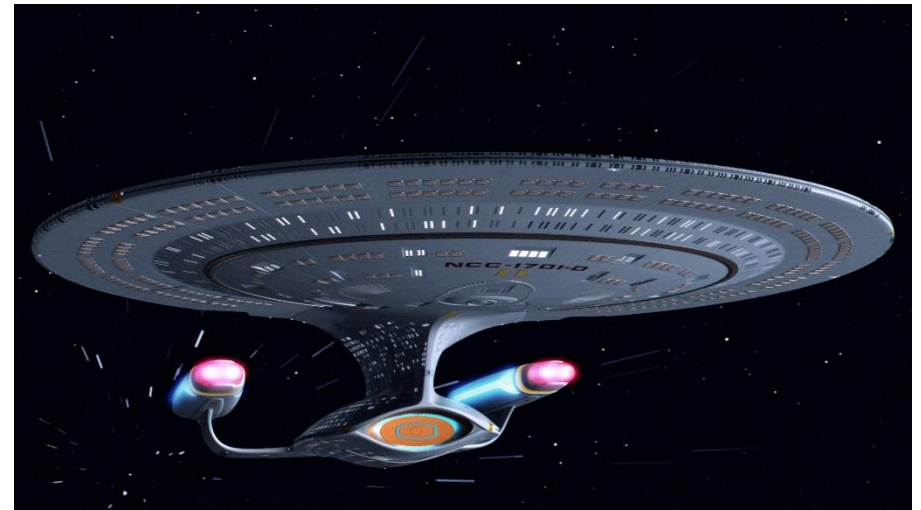
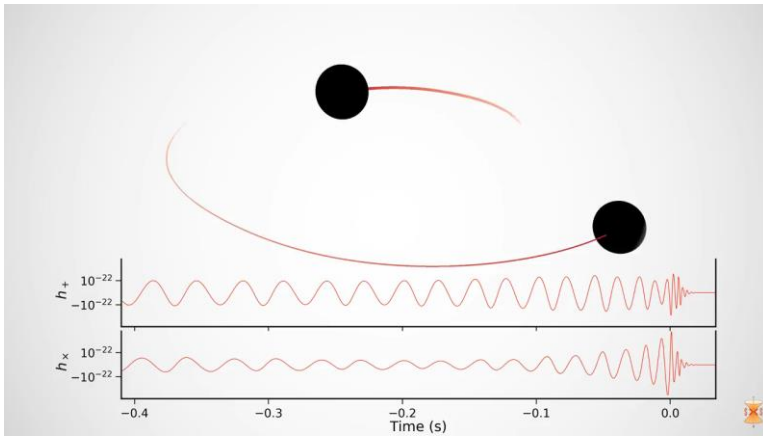
Abbott, et al.,
LIGO Scientific Collaboration and Virgo Collaboration,
'GW151226: Observation of Gravitational Waves from a
22-Solar-Mass Binary Black Hole Coalescence'
Phys. Rev. Lett. **116**, 241103 (2016)

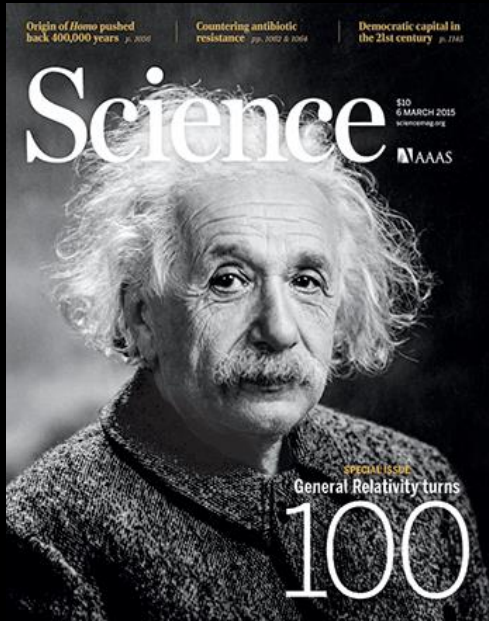
<https://www.ligo.caltech.edu/video/ligo20160615v3>

LIGO detects gravitational waves from third confirmed binary black hole merger



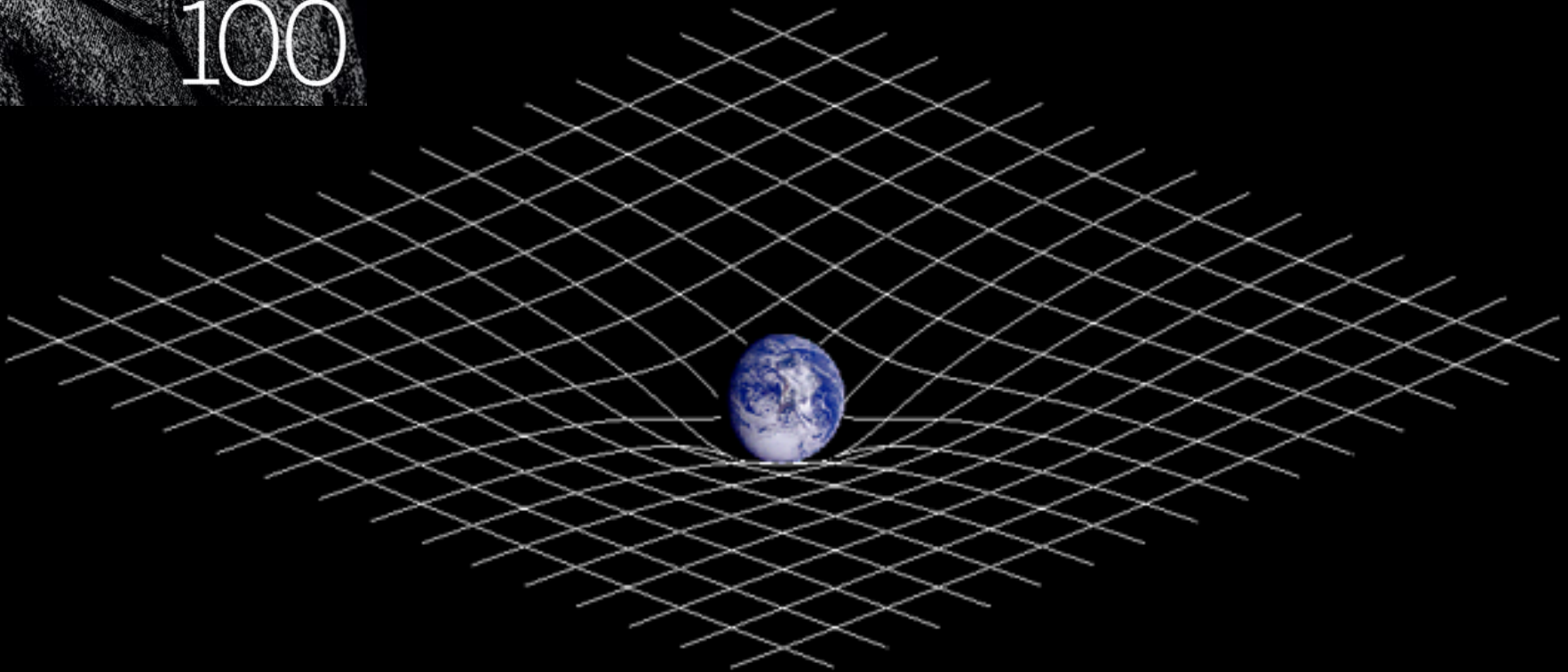
*GW 170104 – Detected January 4th 2017
Announced June 1st 2017*





Gravity in Einstein's Universe

*“Spacetime tells matter how to move,
and matter tells spacetime how to curve”*





“The greatest feat of human thinking about nature, the most amazing combination of philosophical penetration, physical intuition and mathematical skill.” *Max Born*

$$G_{\mu\nu} = \kappa T_{\mu\nu}$$

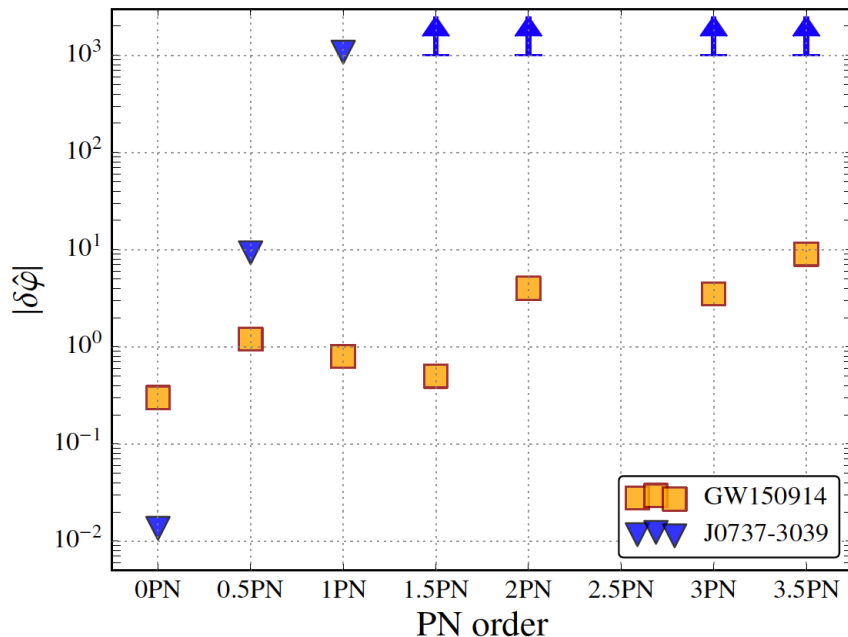
Spacetime
curvature

Matter
(and energy)

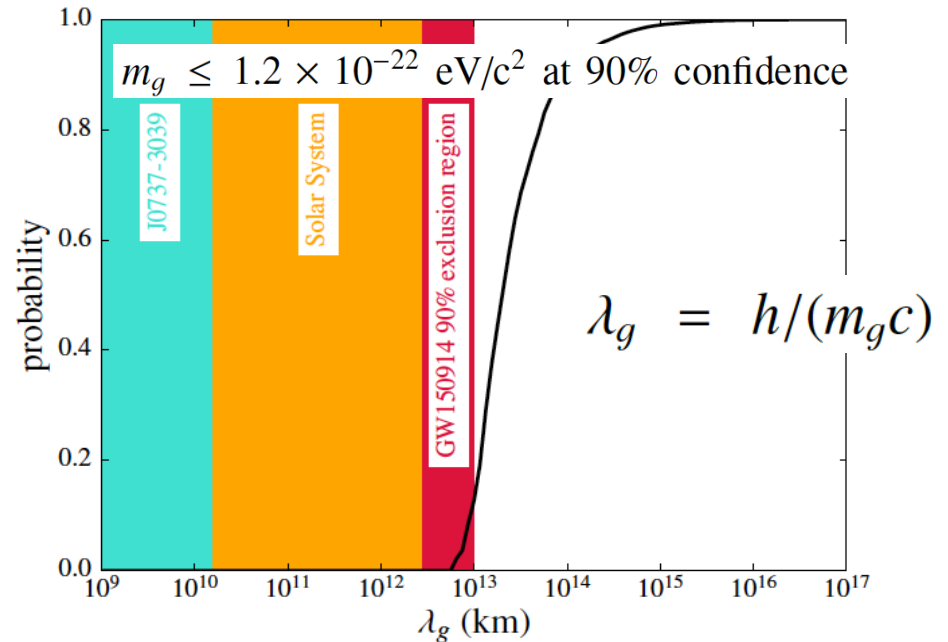
Does General Relativity really fit?

- GW150914 was the first observation of a binary black hole merger
- Our best test of GR in *the strong field, dynamical, nonlinear regime*
- Event better than the binary pulsar system PSR J0737-3039

Post-Newtonian_Approximation to GR



Compton Wavelength of the Graviton



Abbott, et al., LIGO Scientific Collaboration and Virgo Collaboration, “Tests of general relativity with GW150914”, <http://arxiv.org/abs/1602.03841>

- We now have **combined constraints** from all 3 confirmed detections

What we are going to (try to) cover

Introduction to GR

1. Foundations of general relativity
2. Introduction to geodesic deviation
3. A mathematical toolbox for GR
4. Spacetime curvature in GR
5. Einstein's equations

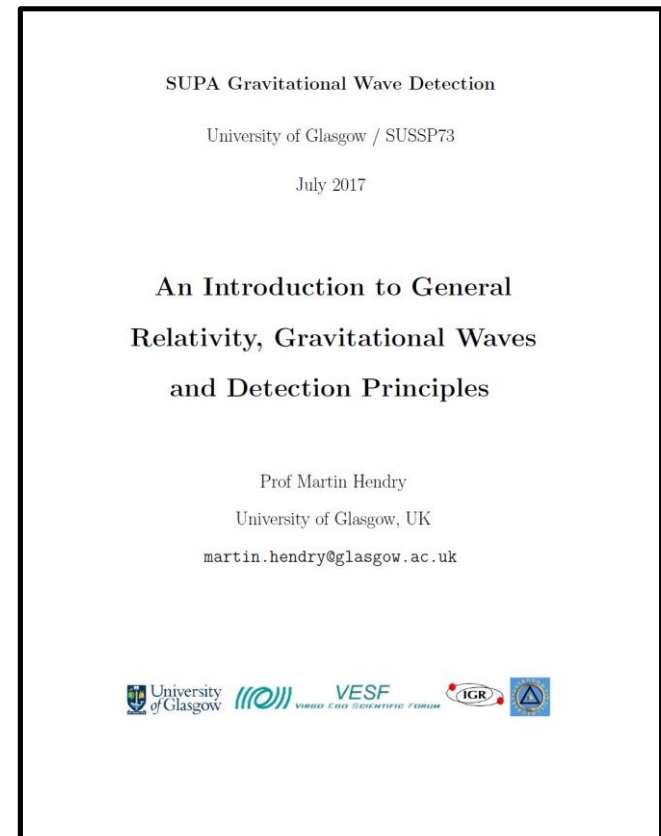
Gravitational Waves and detector principles

6. A wave equation for gravitational radiation
7. The Transverse Traceless gauge
8. The effect of gravitational waves on free particles
9. The production of gravitational waves

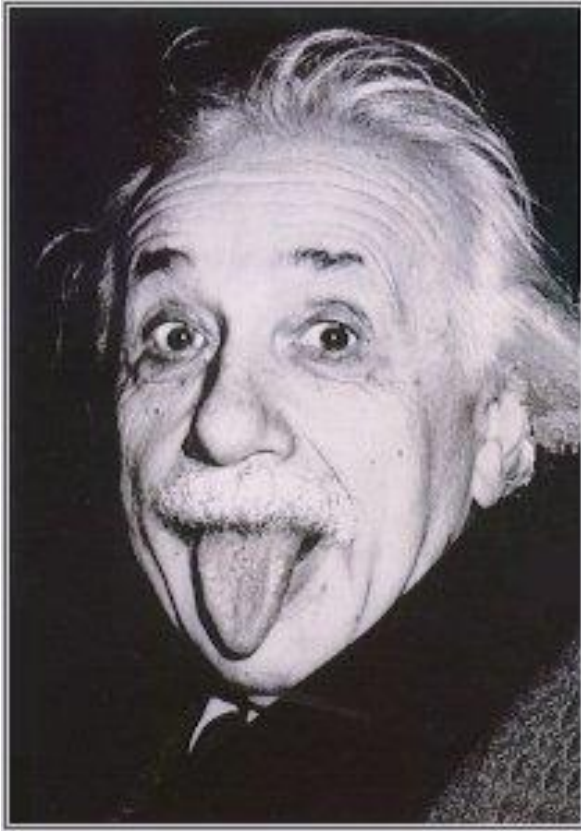
We are going to cram a lot of mathematics and physics into about 3 hours.

Two-pronged approach:

- Lecture slides presenting “highlights” and illustrations / examples
- Comprehensive lecture notes, providing a longer-term resource and reference source



Copies of both will be available via the SUSSP73 website



“The hardest thing in the world to understand is the income tax”

1. Foundations of General Relativity (pgs. 6 - 12)

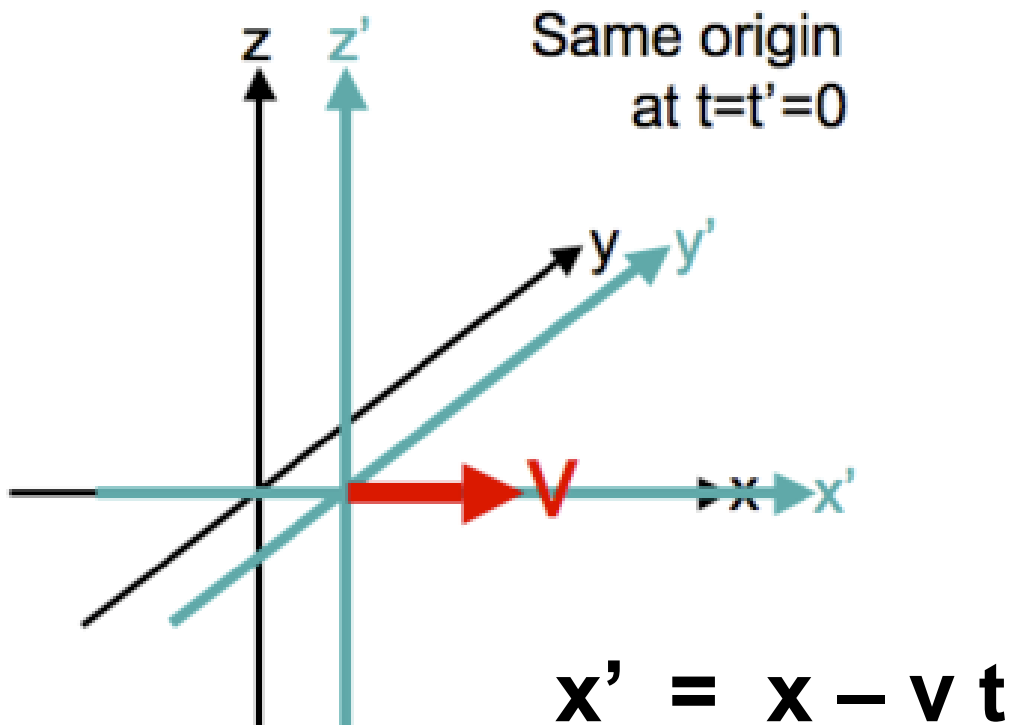
GR is a generalisation of **Special Relativity** (1905).

In SR Einstein formulated the laws of physics to be valid for all **inertial observers**

→ **Measurements of space and time relative to observer's motion.**

The world of Galileo and Newton (and everyday “common sense”...)

Working out how things look to different observers follows simple rules, in different *reference frames*



The world of Galileo and Newton (and everyday “common sense”...)

Working out how things look to different observers follows simple rules, in different *reference frames*



Viewed from the red car's rest frame

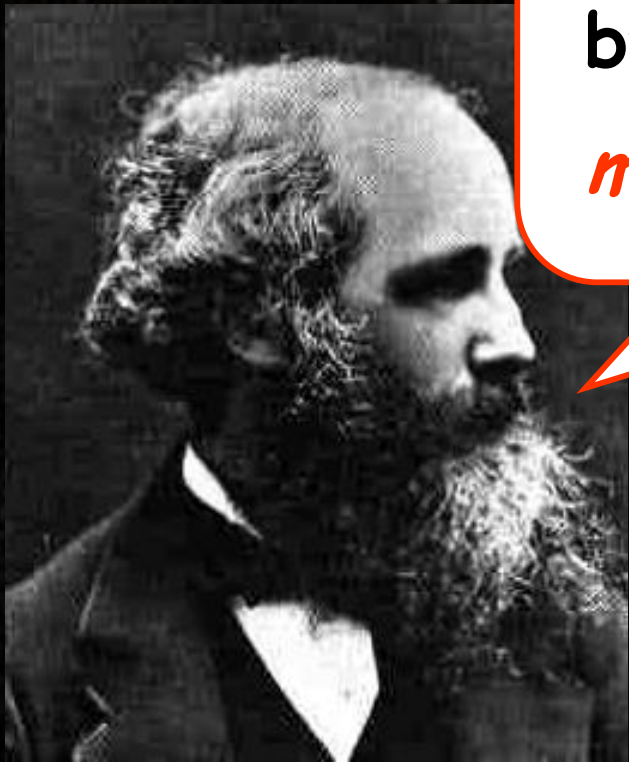


Viewed from the blue car's rest frame

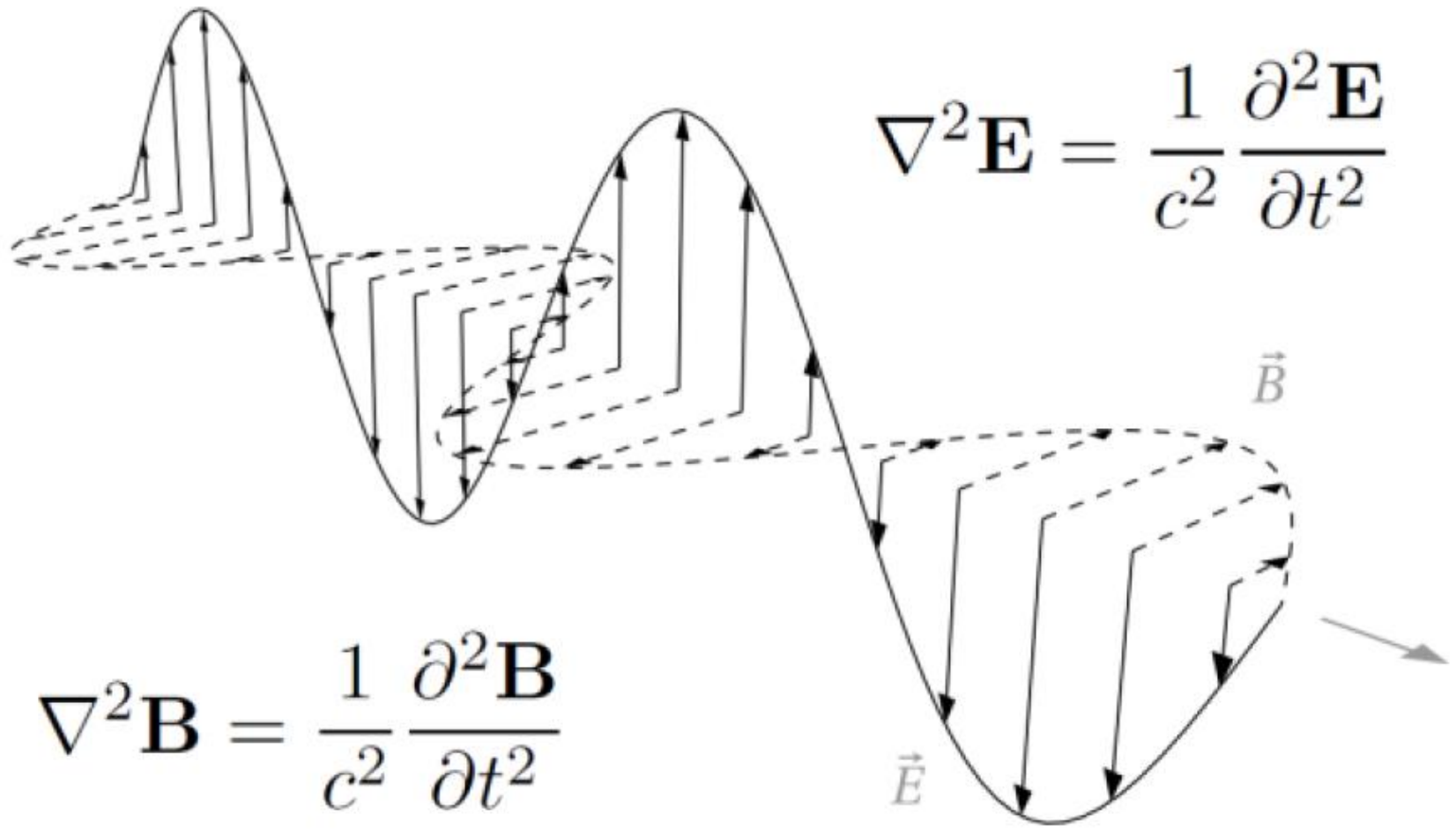


James Clerk Maxwell's theory of light

Light is a *wave* caused by varying *electric* and *magnetic* fields

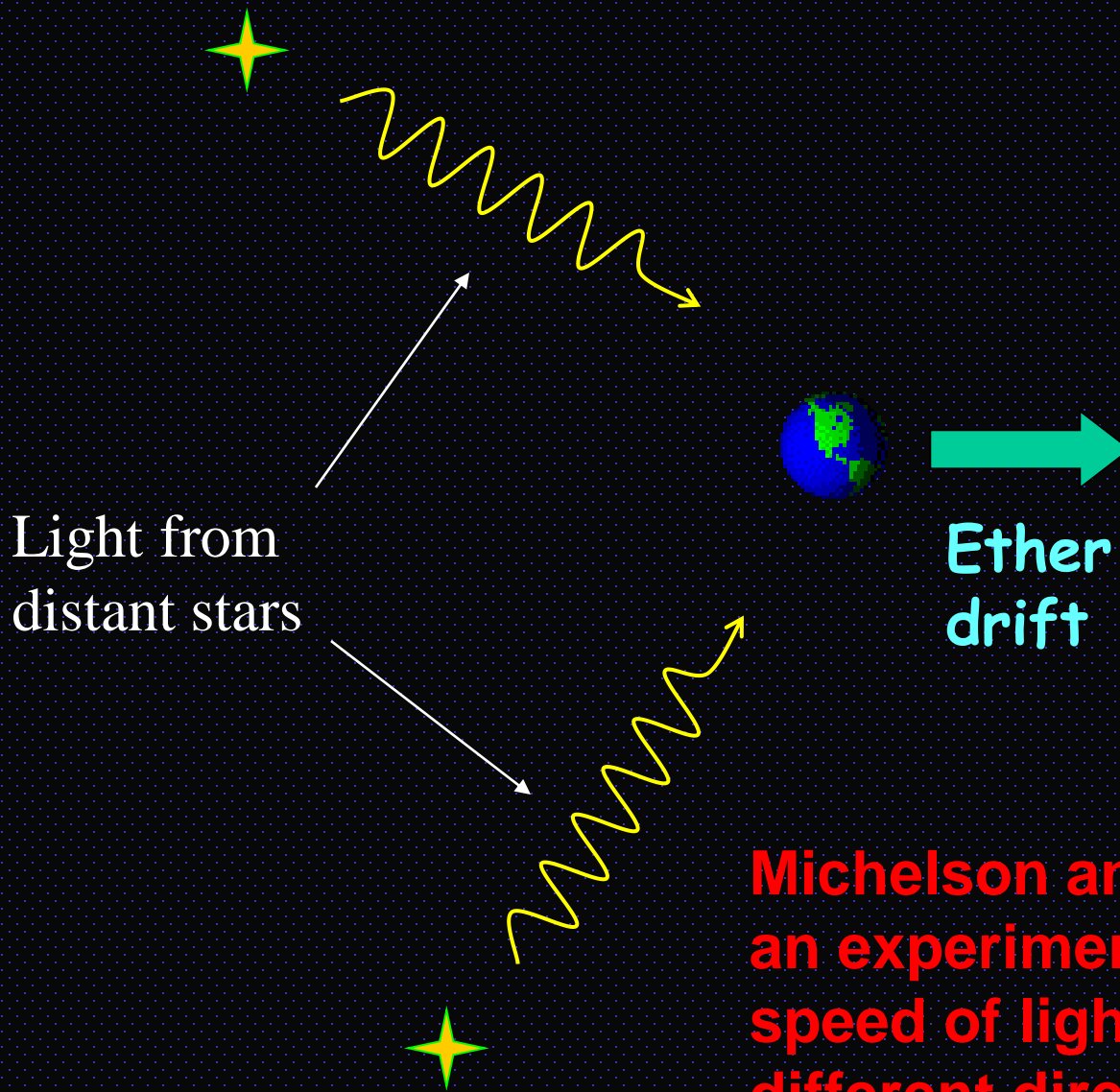


(but how does light propagate through space?...)



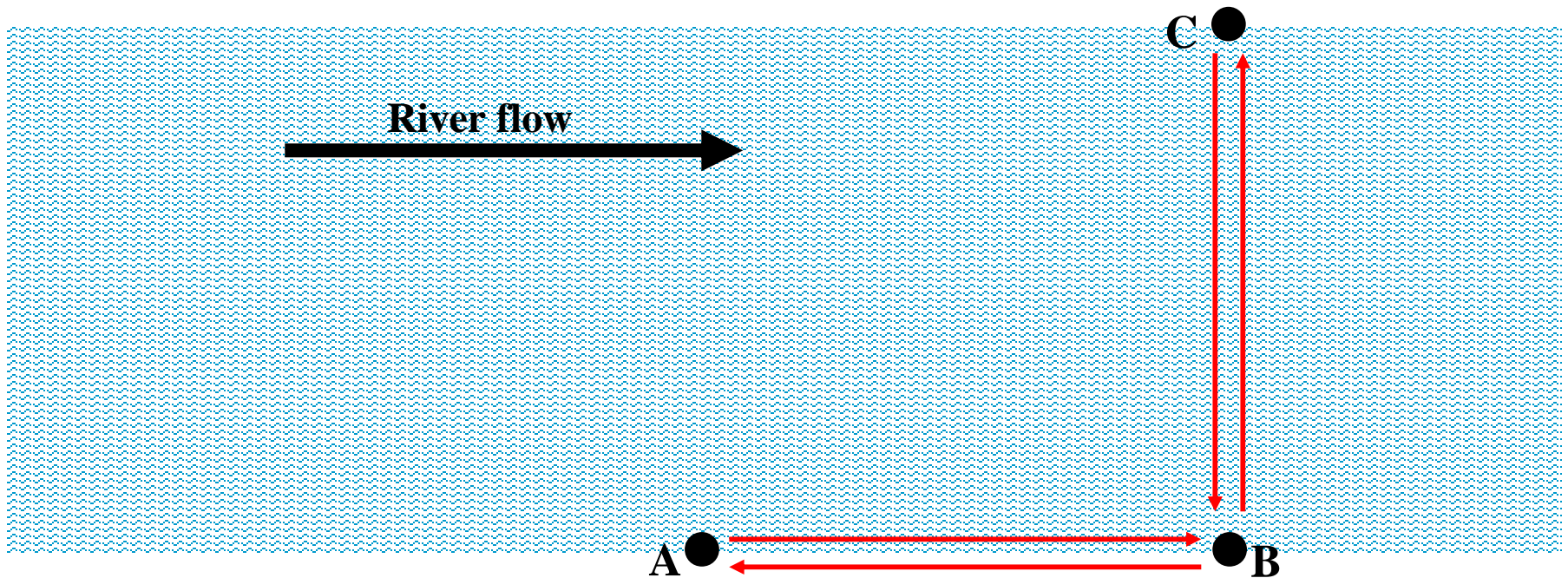
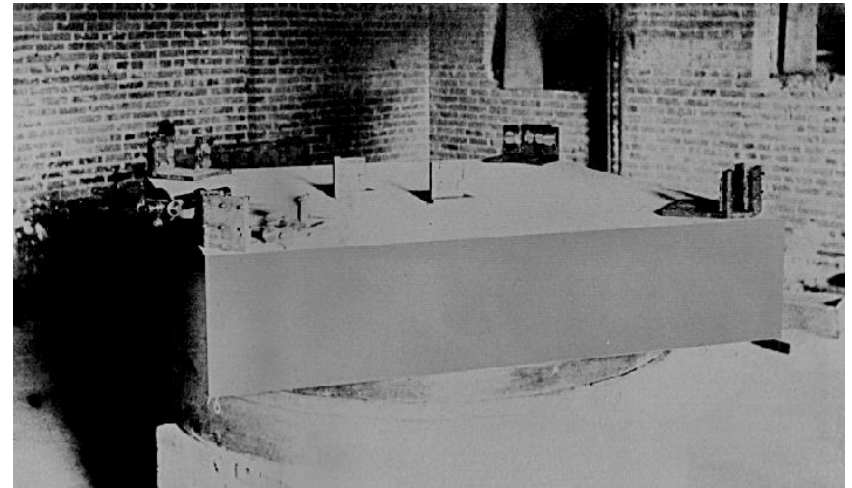
$$c = \frac{1}{\sqrt{\epsilon_0 \mu_0}}$$

Through the Ether?...

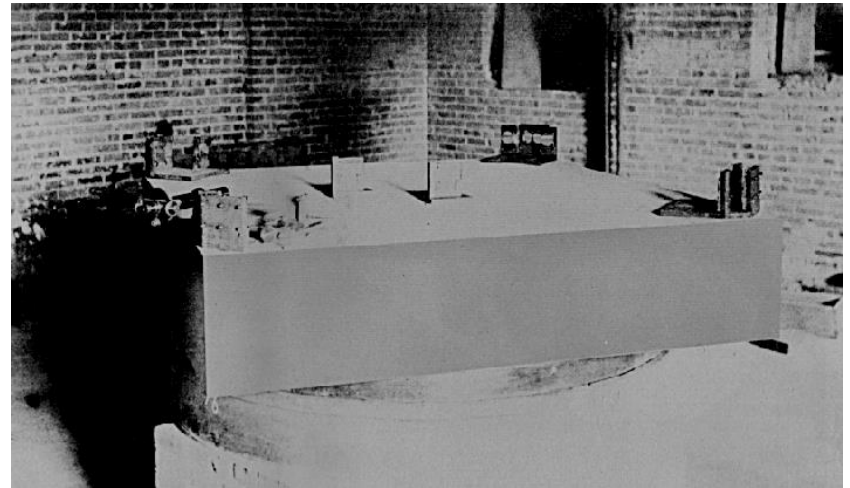


Michelson and Morley devised an experiment to measure the speed of light coming from different directions

The Michelson and Morley Experiment would try to measure the "Ether Drift" by timing different light beams - like swimmers on a fast-flowing river



The Michelson and Morley Experiment would try to measure the "Ether Drift" by timing different light beams - like swimmers on a fast-flowing river

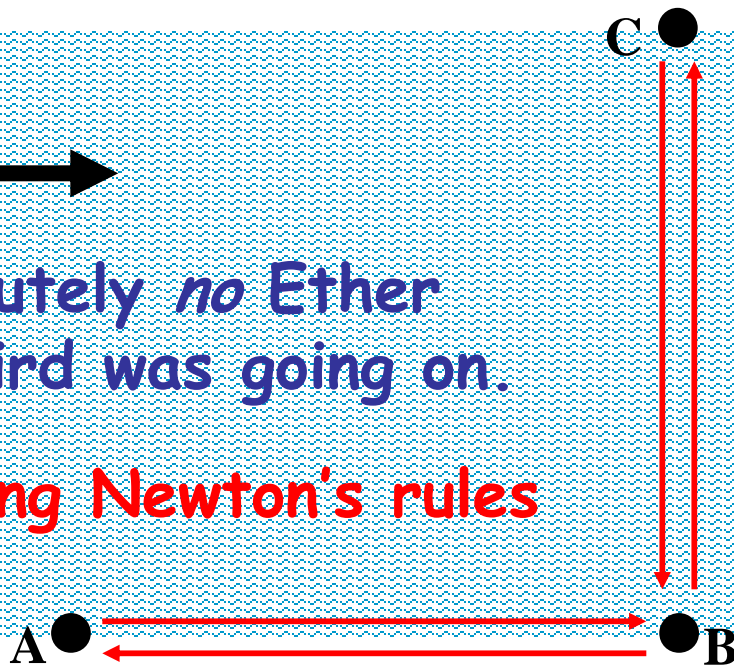


River flow



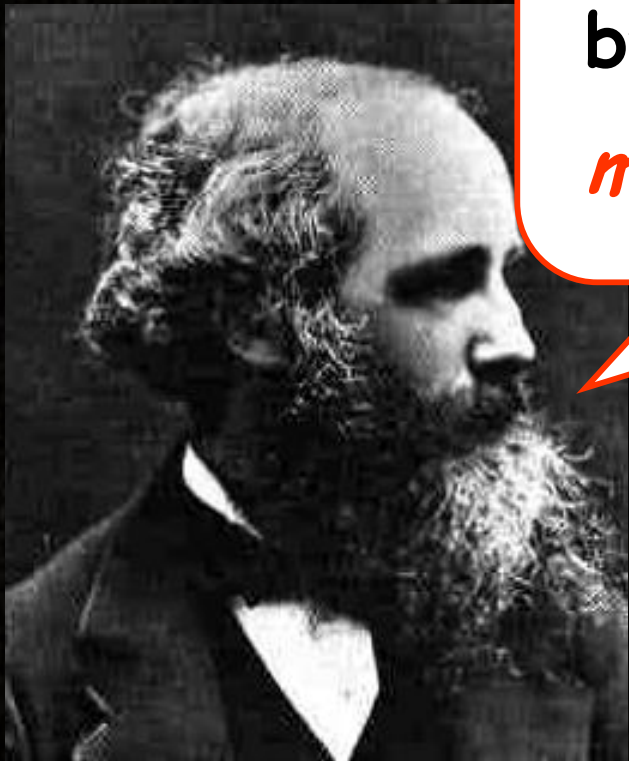
They detected absolutely *no* Ether Drift. Something weird was going on.

Light was not following Newton's rules

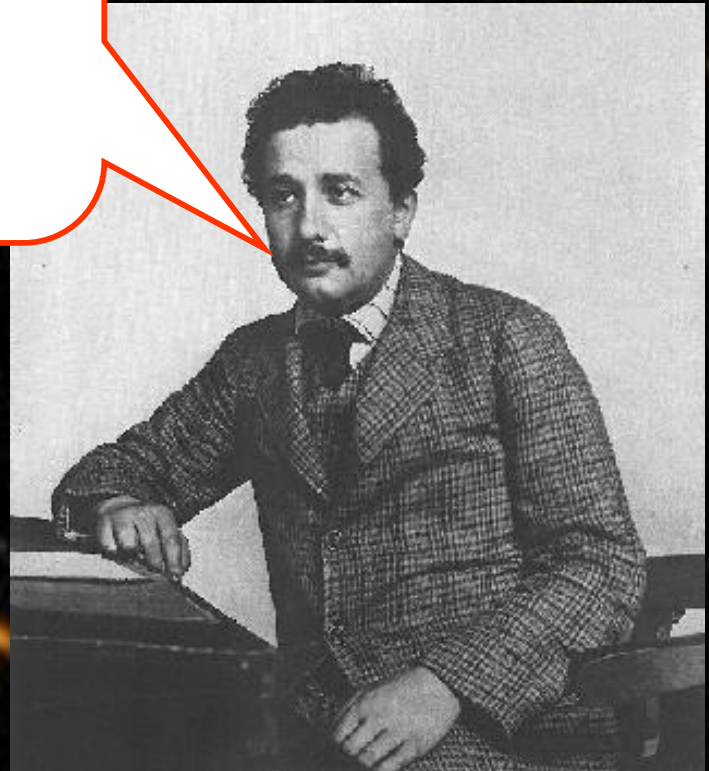


James Clerk Maxwell's theory of light

Light is a *wave* caused by varying *electric* and *magnetic* fields



But what if I travelled
alongside a light
beam? Would it still
wave?

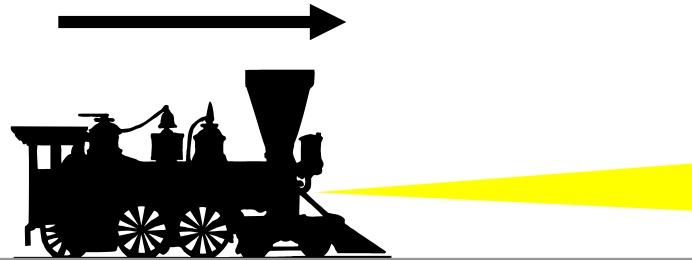


50mph



Speed of light relative to the ground *faster* than speed of light relative to the train?

50mph



In Einstein's relativity, the speed of light is *unchanged* by the motion of the train

ON THE ELECTRODYNAMICS OF MOVING BODIES

BY A. EINSTEIN

June 30, 1905

It is known that Maxwell's electrodynamics—as usually understood at the present time—when applied to moving bodies, leads to asymmetries which do not appear to be inherent in the phenomena. Take, for example, the reciprocal electrodynamic action of a magnet and a conductor. The observable phenomenon here depends only on the relative motion of the conductor and the magnet, whereas the customary view draws a sharp distinction between the two cases in which either the one or the other of these bodies is in motion. For if the magnet is in motion and the conductor at rest, there arises in the neighbourhood of the magnet an electric field with a certain definite energy, producing a current at the places where parts of the conductor are situated. But if the magnet is stationary and the conductor in motion, no electric field arises in the neighbourhood of the magnet. In the conductor, however, we find an electromotive force, to which in itself there is no corresponding energy, but which gives rise—assuming equality of relative motion in the two cases discussed—to electric currents of the same path and intensity as those produced by the electric forces in the former case.

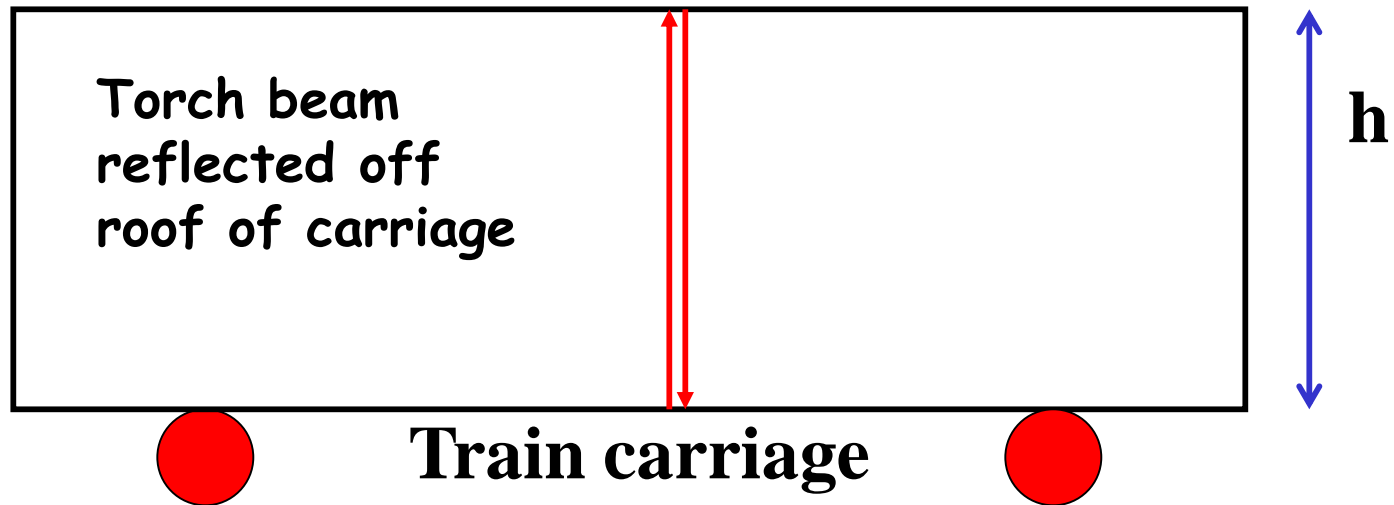
Examples of this sort, together with the unsuccessful attempts to discover any motion of the earth relatively to the "light medium," suggest that the phenomena of electrodynamics as well as of mechanics possess no properties corresponding to the idea of absolute rest. They suggest rather that, as has already been shown to the first order of small quantities, the same laws of electrodynamics and optics will be valid for all frames of reference for which the equations of mechanics hold good.¹ We will raise this conjecture (the purport of which will hereafter be called the "Principle of Relativity") to the status of a postulate, and also introduce another postulate, which is only apparently irreconcilable with the former, namely, that light is always propagated in empty space with a definite velocity c which is independent of the state of motion of the emitting body. These two postulates suffice for the attainment of a simple and consistent theory of the electrodynamics of moving bodies based on Maxwell's theory for stationary bodies. The introduction of a "luminiferous ether" will prove to be superfluous inasmuch as the view here to be developed will not require an "absolutely stationary space" provided with special properties, nor

¹The preceding memoir by Lorentz was not at this time known to the author.

- Measurements of space and time are *relative* and depend on our motion
- Unified *spacetime* - only measurements of the *spacetime* interval are invariant
- Equivalence of *matter* and *energy*

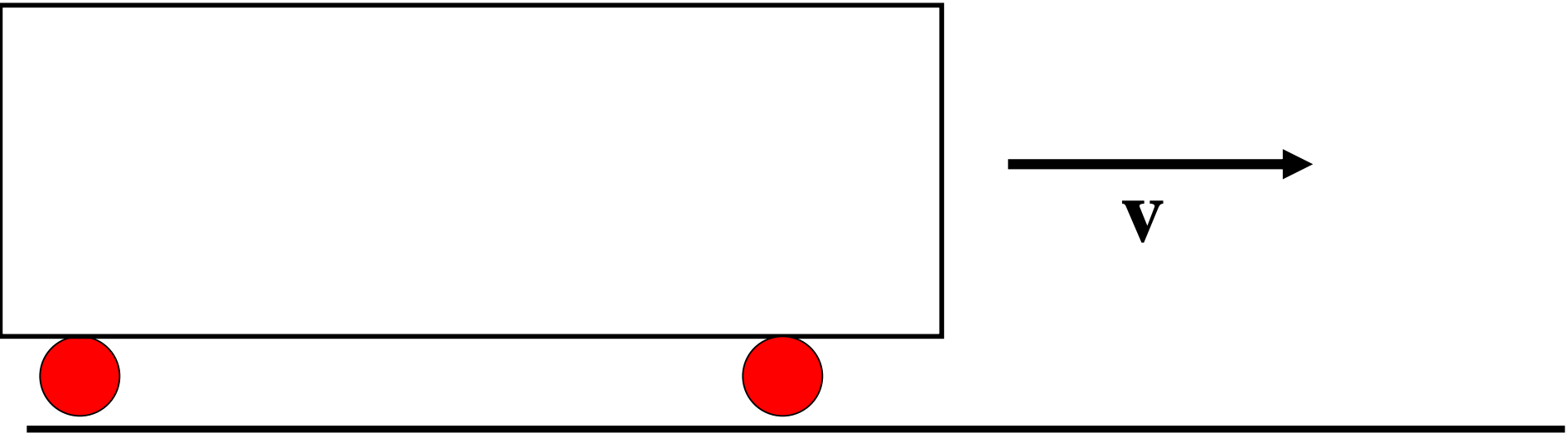
$$E = mc^2$$

Distance = speed x time



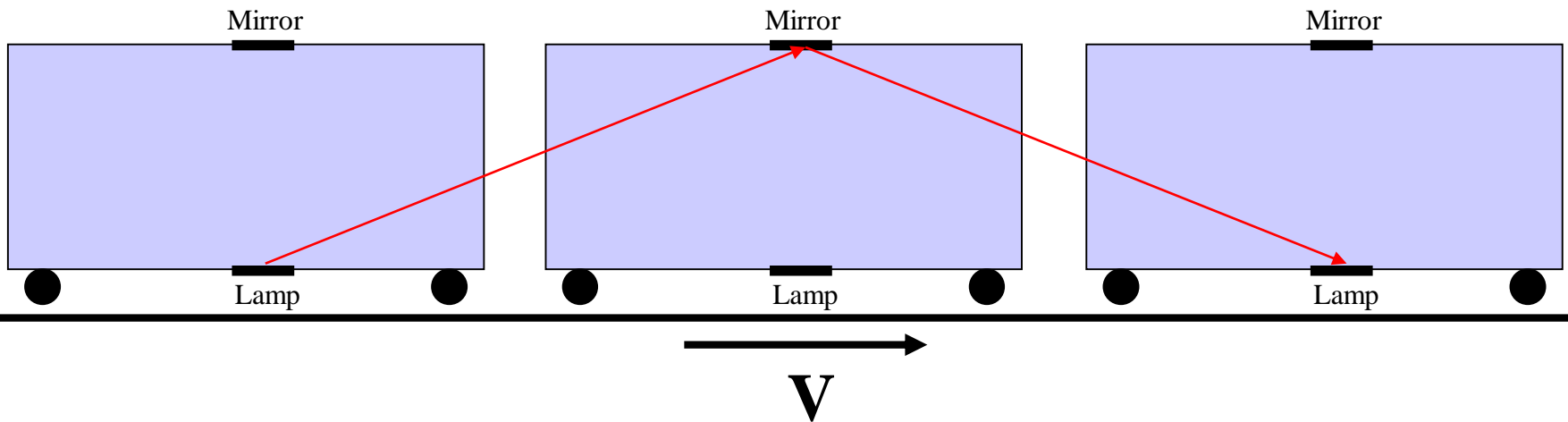
$$2h = c \times t_c$$

Now viewed from the platform...

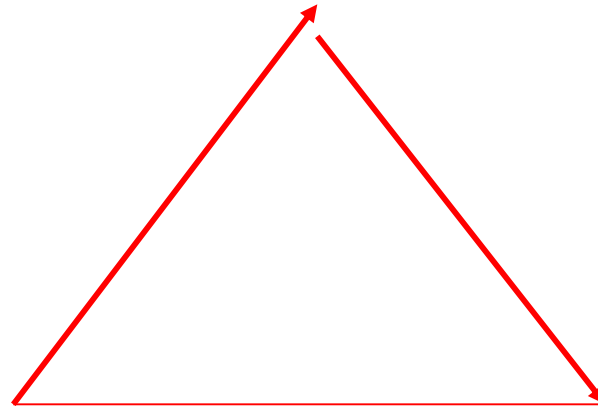


As seen by an observer on the station platform...

Light beam appears to follow a longer, diagonal path due to the motion of the train through the station.



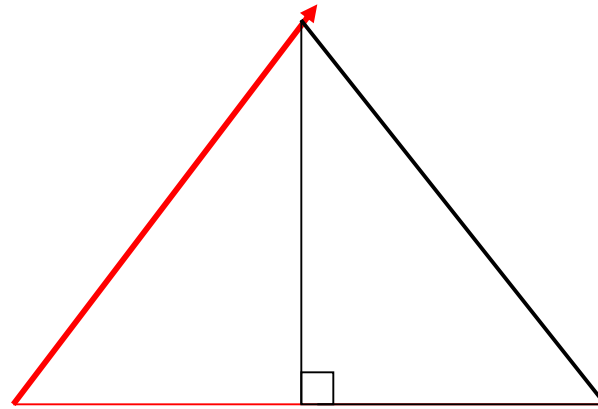
Now viewed from the platform...



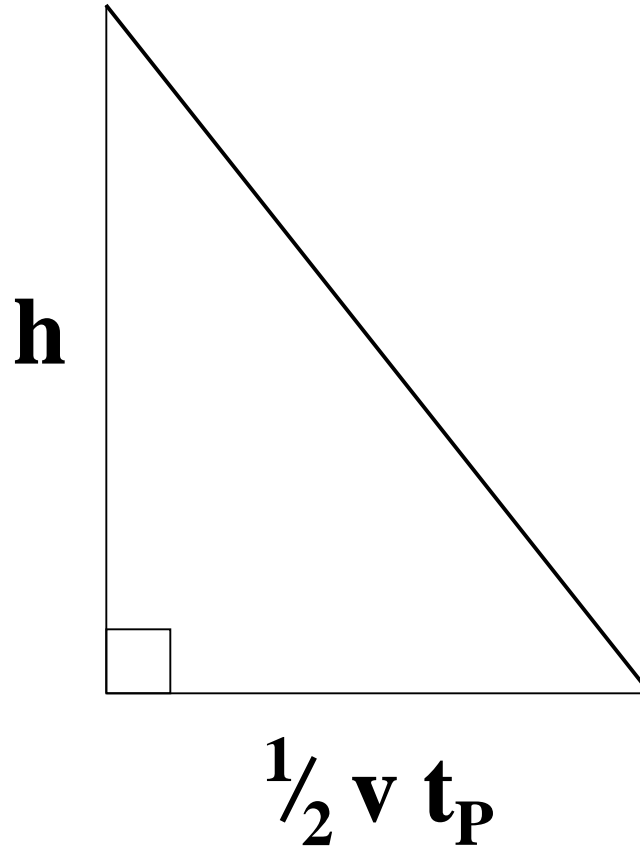
$v t_p$

The base of this triangle is $v t_p$

Now viewed from the platform...

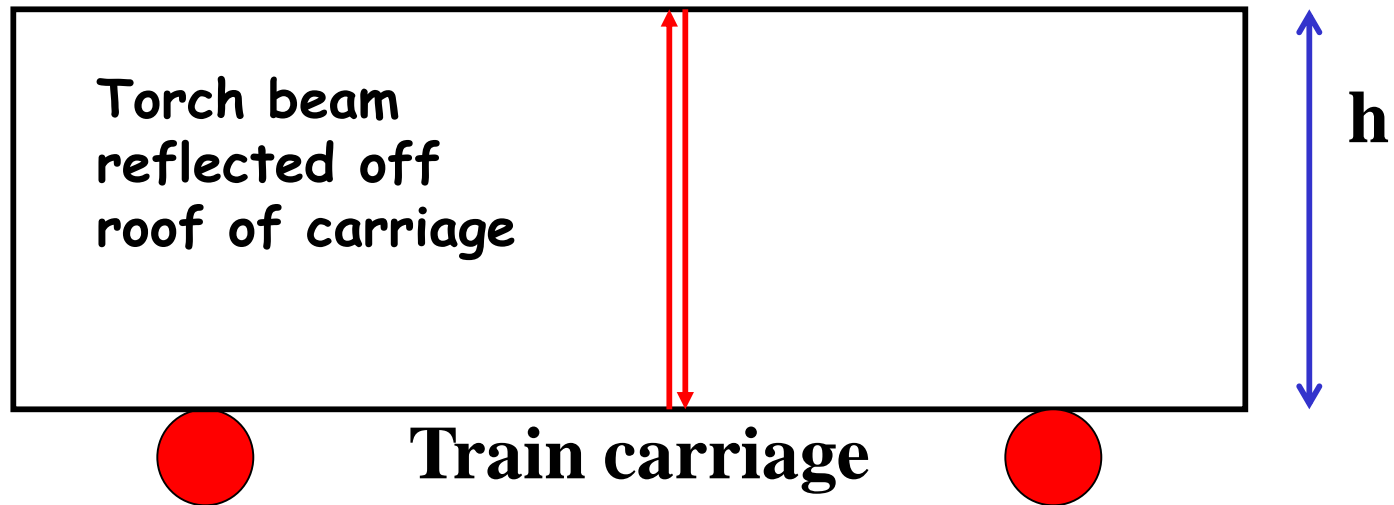


This is an isosceles triangle, so it's made up of two equal right angled triangles



Remember: $2h = c \times t_c$

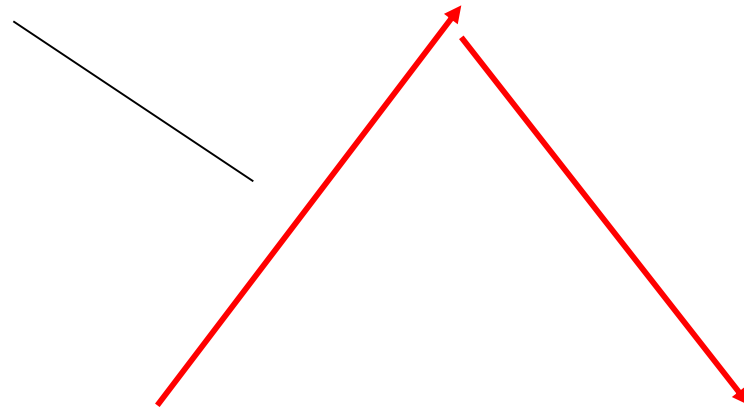
Distance = speed x time



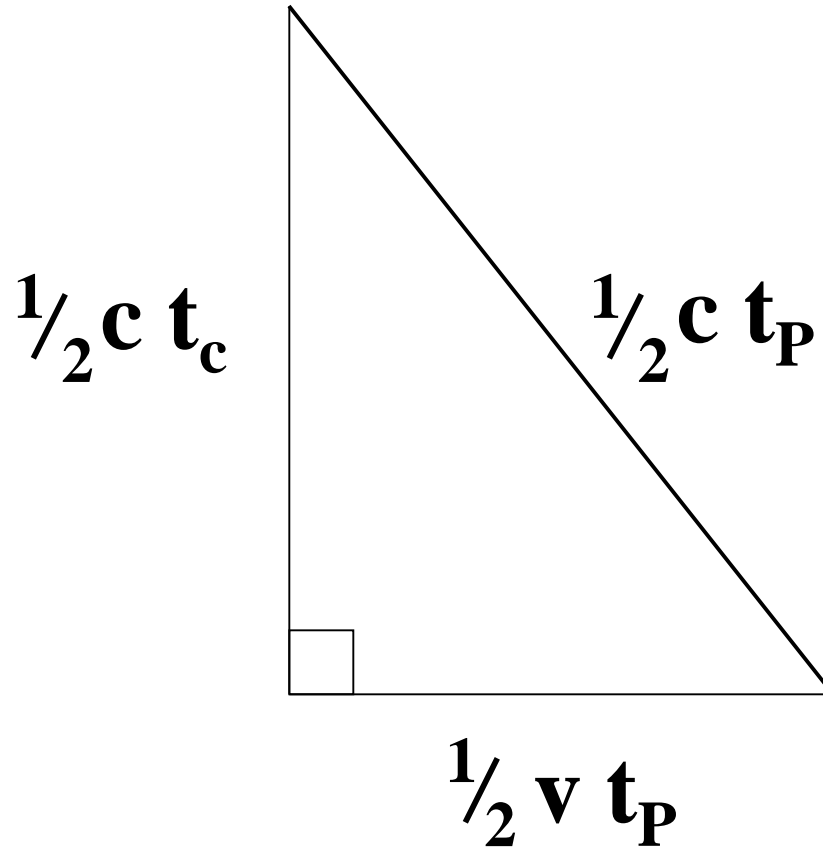
$$2h = c \times t_c$$

Total distance

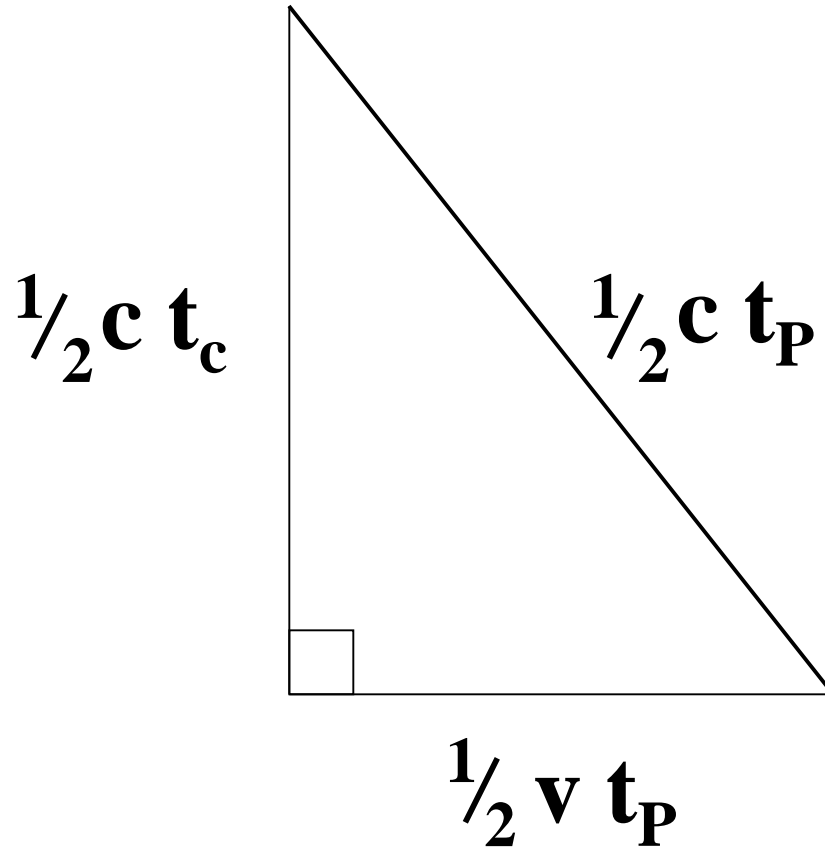
$$= c \times t_p$$



If both observers measure
the same speed of light, c ...



If both observers measure the same speed of light, c ...



$$t_c = t_p \sqrt{1 - v^2/c^2}$$

To the observer on the platform, it appears that time is running more slowly on the moving train!!

$$t_c = t_p \sqrt{(1 - v^2/c^2)}$$

or

$$t_p = \frac{t_c}{\sqrt{(1 - v^2/c^2)}}$$

Q: *But why can't I think of the train as stationary, and the platform that's rushing past?...*

Wouldn't that mean that, to an observer onboard the train it's the clock on the platform that appears to be running slowly?

A: *YES!!! (and this feels weird....)*

Cosmic Ray

Evidence for Time Dilation

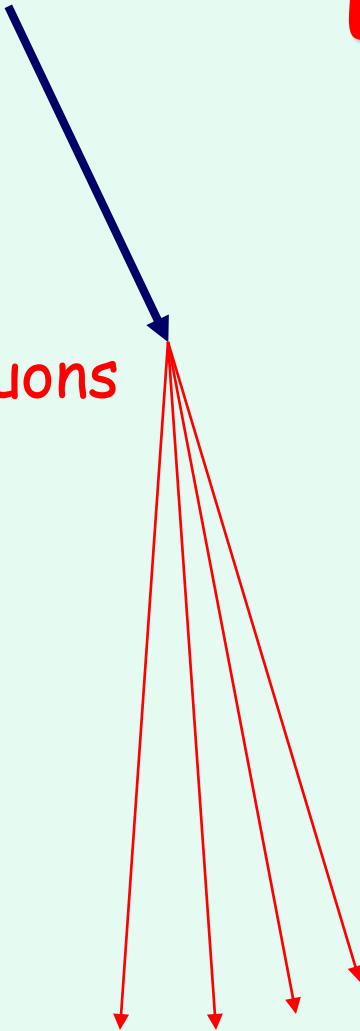
Slow moving muons would never reach sea level, because their half-life is only 2.2 micro-seconds

But $v = 0.999c$, so muon lifetime appears to us to be greatly extended

Muons

60km
(in our frame)

Sea level



Cosmic Ray

Evidence for Time Dilation

In the muons' frame their half-life is still only $2.2 \mu\text{s}$

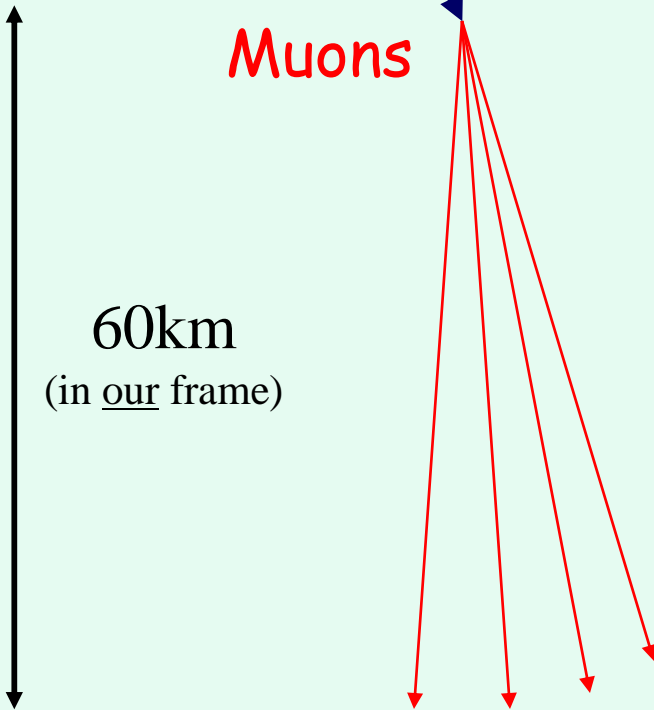
So, from the muons' point of view it's the *distance* they travel which is much shorter

Length Contraction

Sea level

Muons

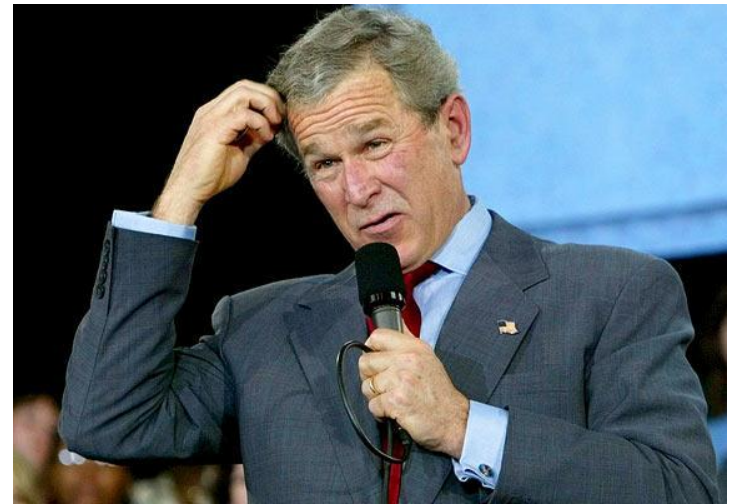
60km
(in our frame)



There is much scope for head-scratching – and at first glance what look like **paradoxes** – when we try to switch reference frames.

1. Pole in the barn paradox

2. Twins paradox



Resolution is to do with what we mean by **simultaneity** and the **interval** between spacetime events.

1. Foundations of General Relativity (pgs. 6 - 12)

GR is a generalisation of **Special Relativity** (1905).

In SR Einstein formulated the laws of physics to be valid for all **inertial observers**

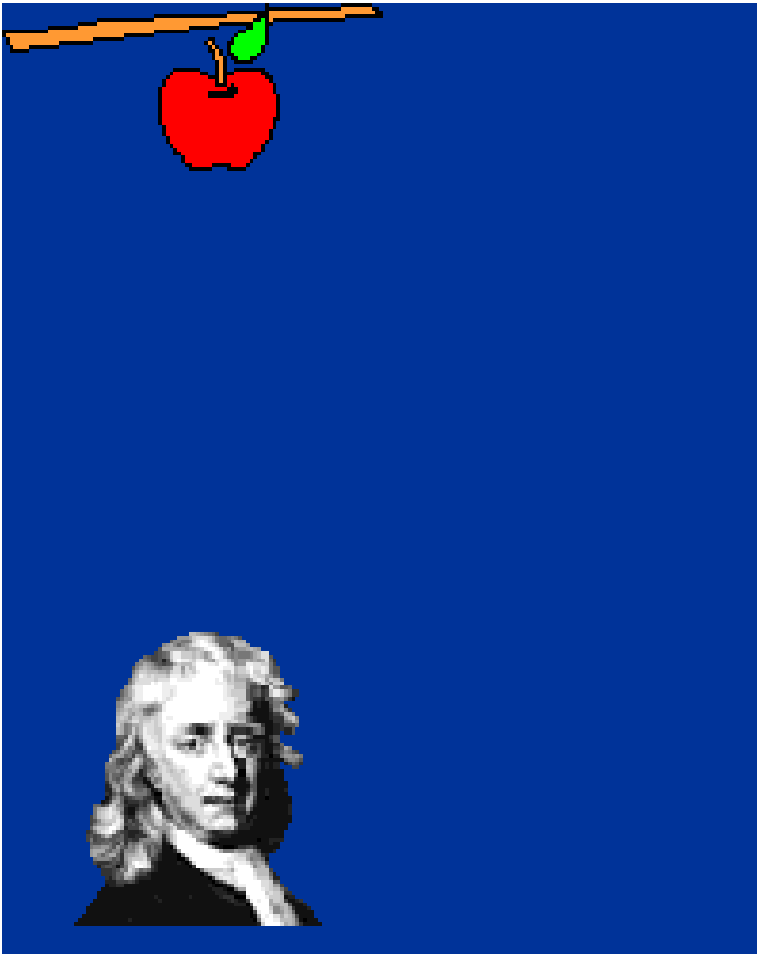
→ **Measurements of space and time relative to observer's motion.**

$$ds^2 = -c^2 dt^2 + dx^2 + dy^2 + dz^2$$

Minkowski
metric

Invariant interval

Newtonian gravity is incompatible with SR

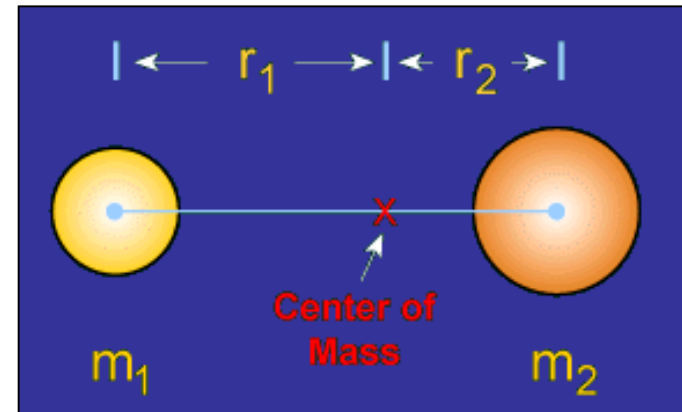


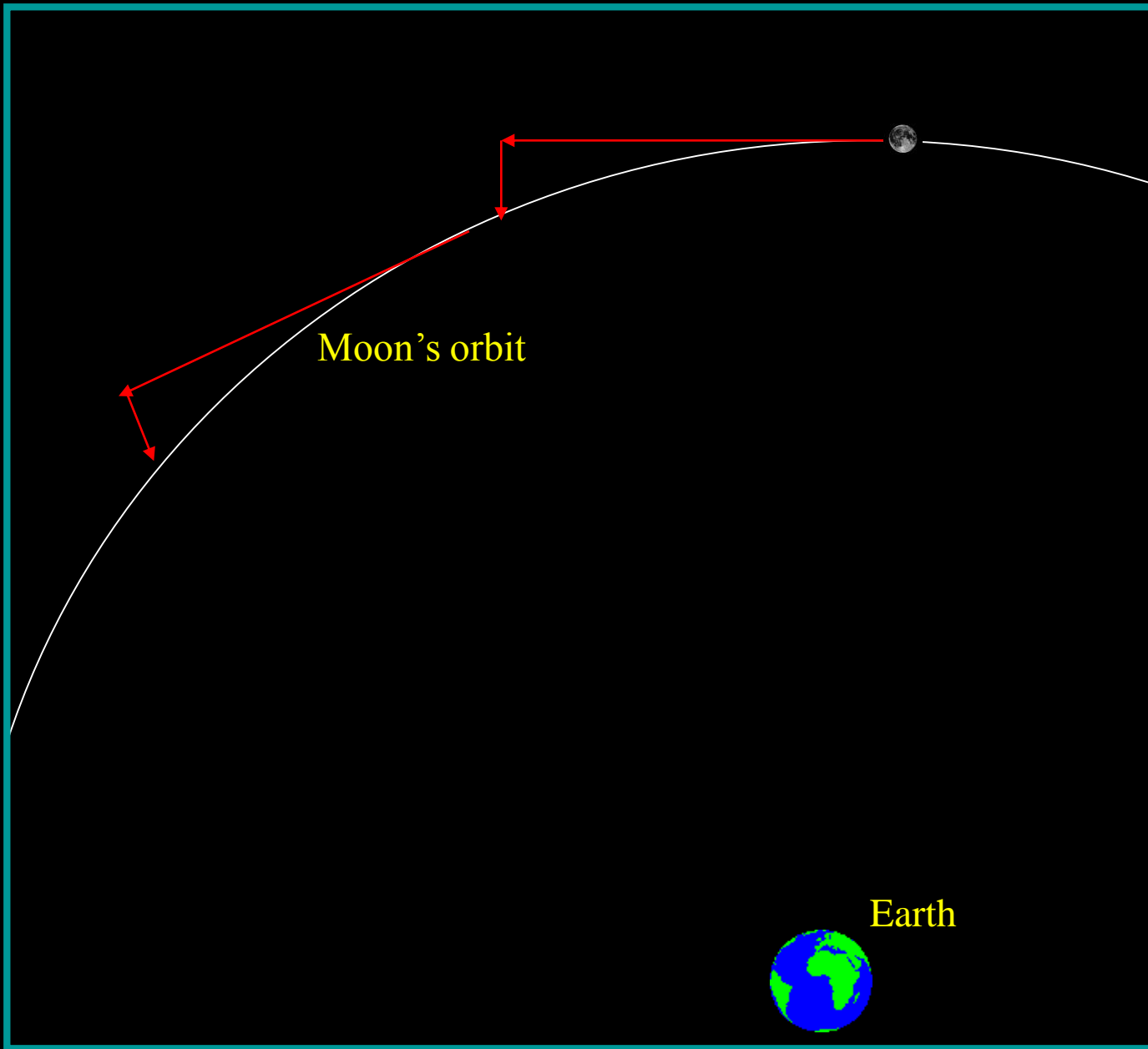
Isaac Newton:
1642 – 1727 AD

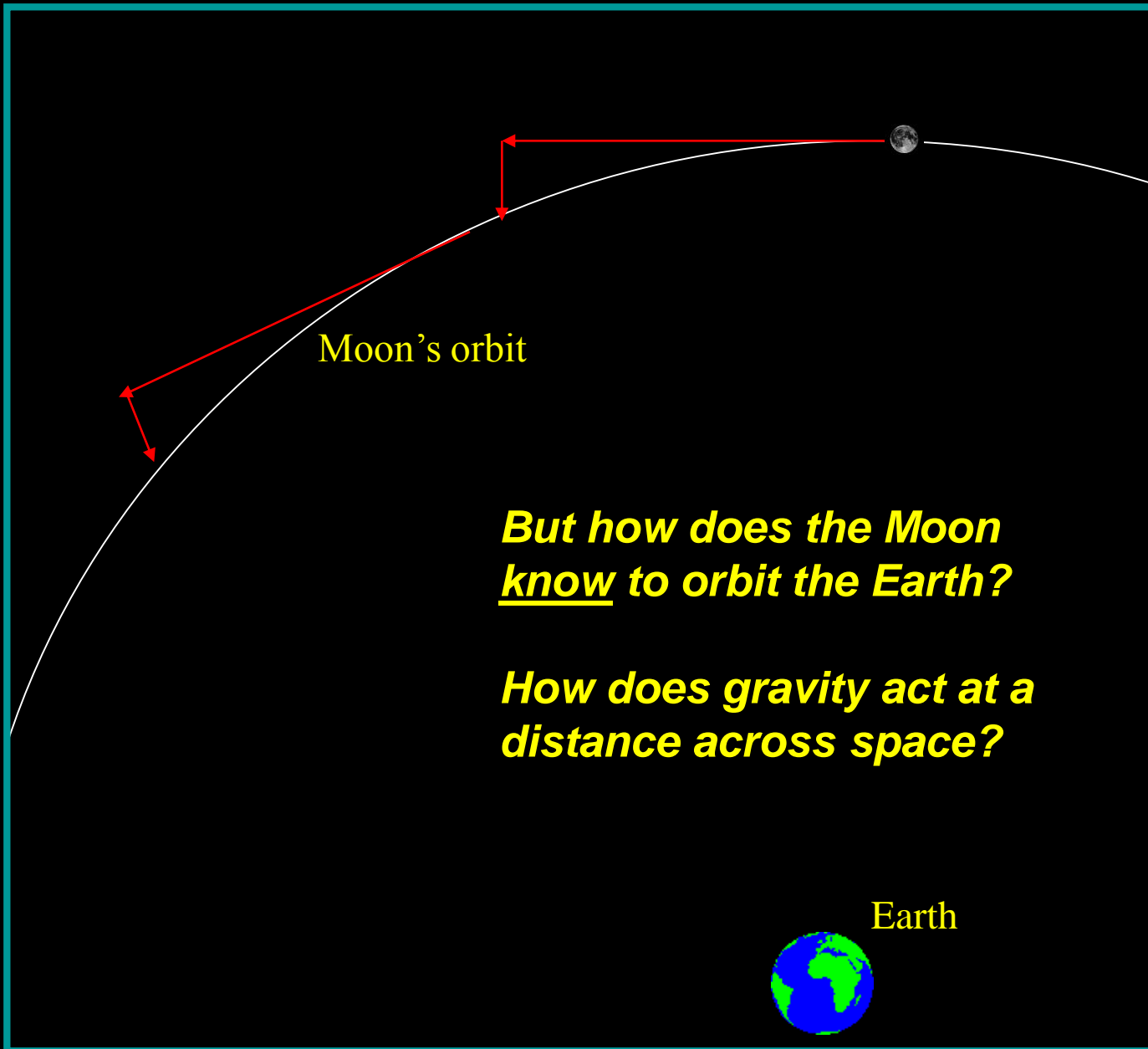
Law of Universal Gravitation

Every object in the Universe attracts every other object with a force directed along the line of centers for the two objects that is proportional to the product of their masses and inversely proportional to the square of the separation between the two objects.

$$F_g = G \frac{m_1 m_2}{r^2}$$
A diagram showing two small circles representing masses, labeled m_1 and m_2 . A horizontal line connects their centers, with the distance between them labeled r .







Moon's orbit

***But how does the Moon
know to orbit the Earth?***

***How does gravity act at a
distance across space?***

Earth



Principles of Equivalence

Inertial Mass $\vec{F}_I = m_I \vec{a}$

Gravitational Mass $\vec{F}_G = \frac{m_G M}{r^2} \hat{r} \equiv m_G \vec{g}$

Weak Equivalence Principle

$$m_I = m_G$$

*Gravity and acceleration are **equivalent***

The WEP implies:

A object freely-falling in a uniform gravitational field inhabits an **inertial frame** in which all gravitational forces have disappeared.

*But only **LIF**: only local over region for which gravitational field is uniform.*



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Strong Equivalence Principle

Locally (i.e. in a LIF)
all laws of physics
reduce to their SR
form – apart from
gravity, which simply
disappears.



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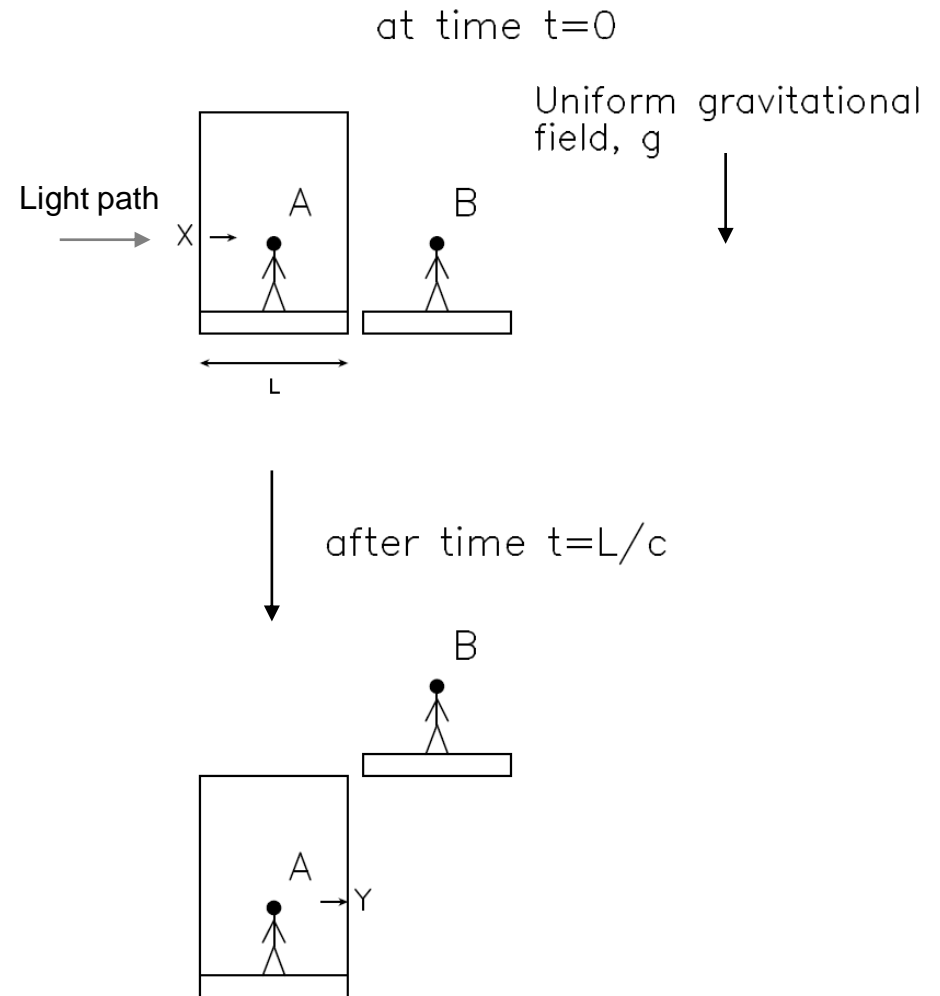
The Equivalence principles also predict gravitational light deflection...

Light enters lift horizontally at X, at instant when lift begins to free-fall.

Observer A is in LIF. Sees light reach opposite wall at Y (same height as X), in agreement with SR.

*To be consistent, observer B outside lift must see light path as **curved**, interpreting this as due to the gravitational field*

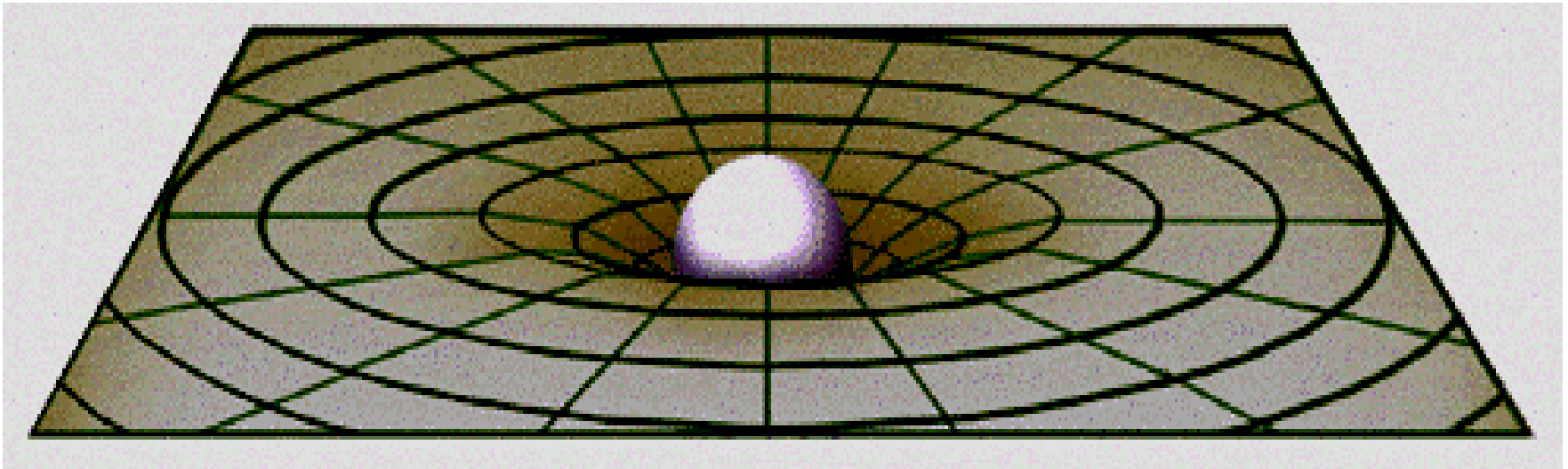
*Similarly, EPs predict gravitational **redshift***



2. Introduction to Geodesic Deviation (pgs.13 - 17)

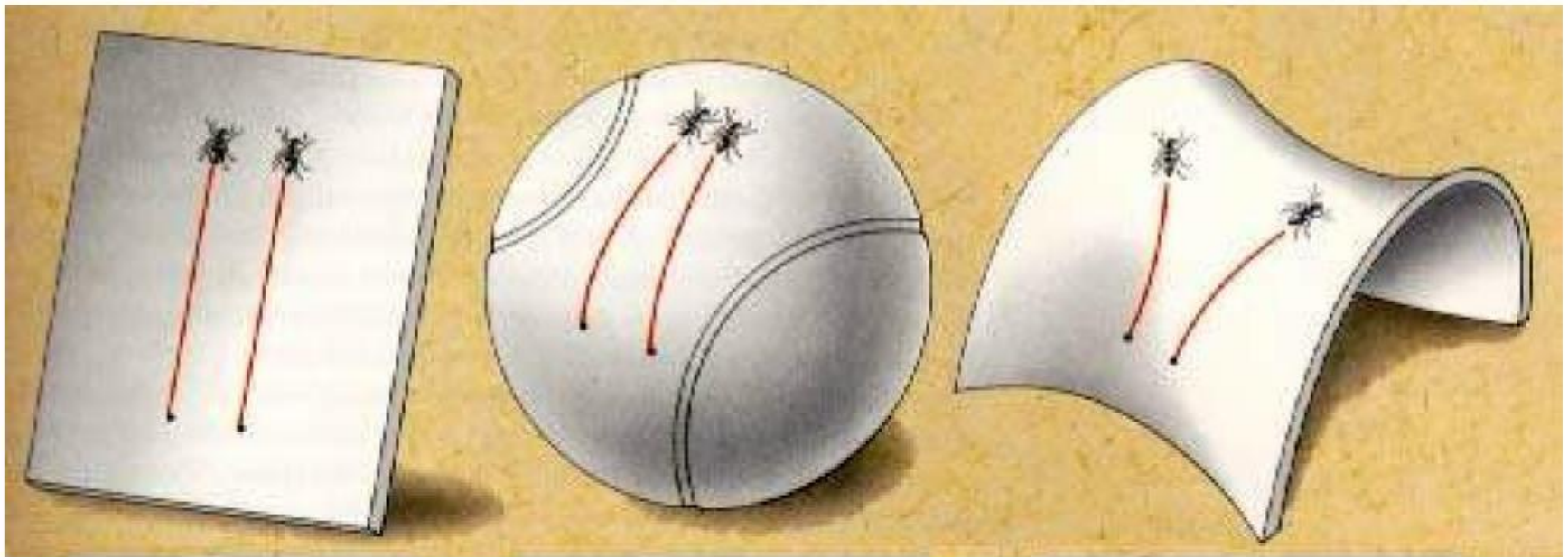
In GR trajectories of freely-falling particles are **geodesics** – the equivalent of straight lines in curved spacetime.

Analogue of Newton I: Unless acted upon by a non-gravitational force, a particle will follow a geodesic.



The curvature of spacetime is revealed by the behaviour of neighbouring geodesics.

Consider a 2-dimensional analogy.

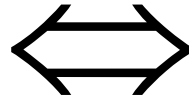


Zero curvature: geodesic deviation **unchanged**.

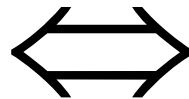
Positive curvature: geodesics **converge**

Negative curvature: geodesics **diverge**

Non-zero curvature



Acceleration of geodesic deviation



Non-uniform gravitational field

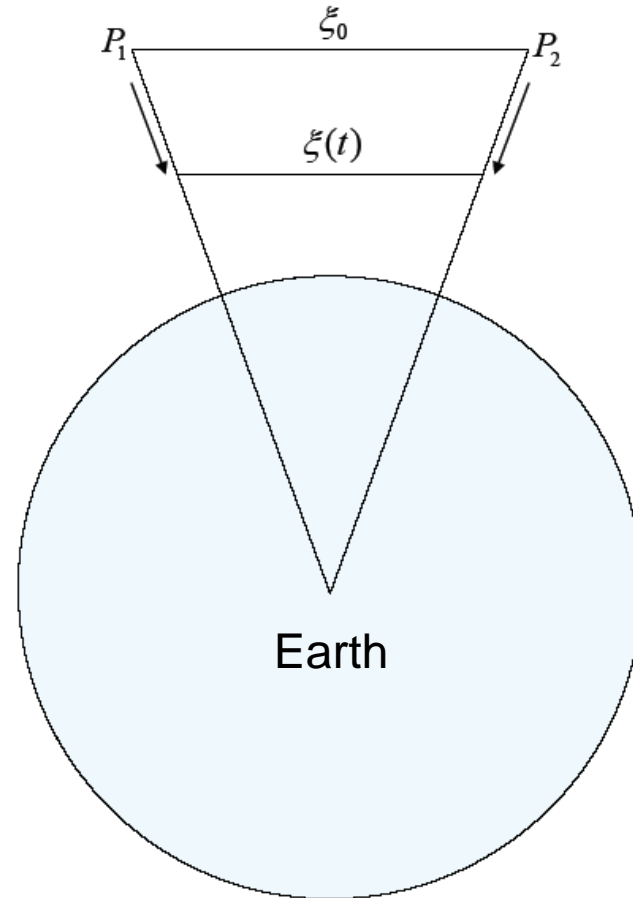
We can first think about geodesic deviation and curvature in a Newtonian context

By similar triangles

$$\frac{\xi(t)}{r(t)} = \frac{\xi_0}{r_0} = k$$

Hence

$$\ddot{\xi} = k\ddot{r} = -\frac{kGM}{r^2}$$



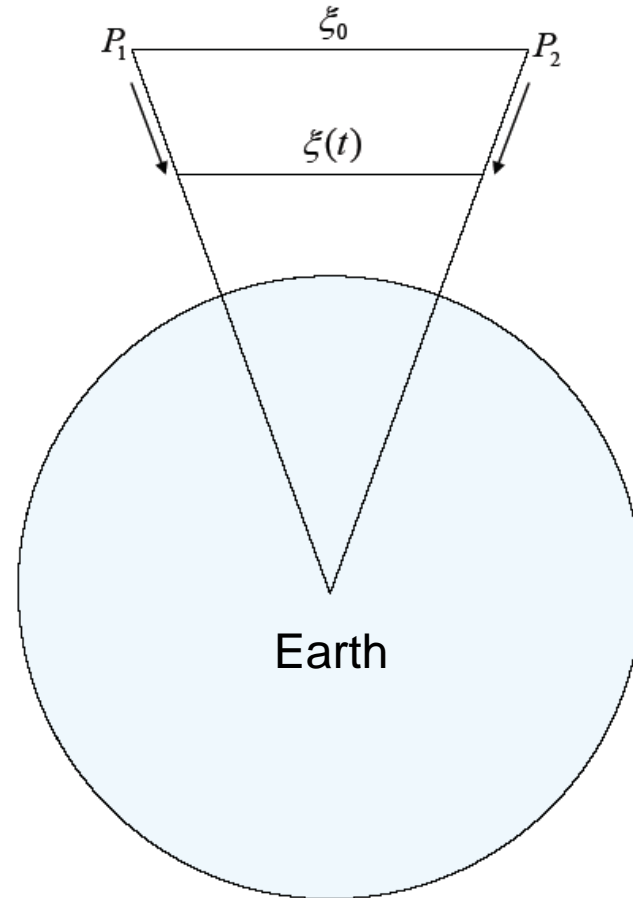
We can first think about geodesic deviation and curvature in a Newtonian context

or

$$\ddot{\xi} = -\frac{\xi}{r} \frac{GM}{r^2} = -\frac{GM\xi}{r^3}$$

which we can re-write as

$$\frac{d^2\xi}{d(ct)^2} = -\frac{GM}{R^3 c^2} \xi$$



We can first think about geodesic deviation and curvature in a Newtonian context

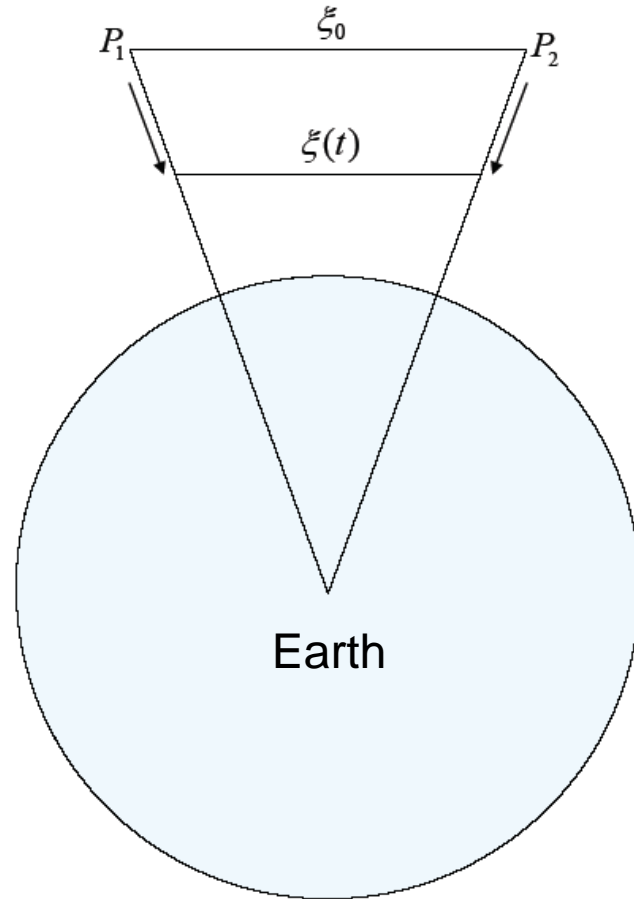
or

$$\ddot{\xi} = -\frac{\xi}{r} \frac{GM}{r^2} = -\frac{GM\xi}{r^3}$$

which we can re-write as

$$\frac{d^2\xi}{d(ct)^2} = -\frac{GM}{R^3 c^2} \xi$$

At Earth's surface this equals $2 \times 10^{-23} \text{ m}^{-2}$

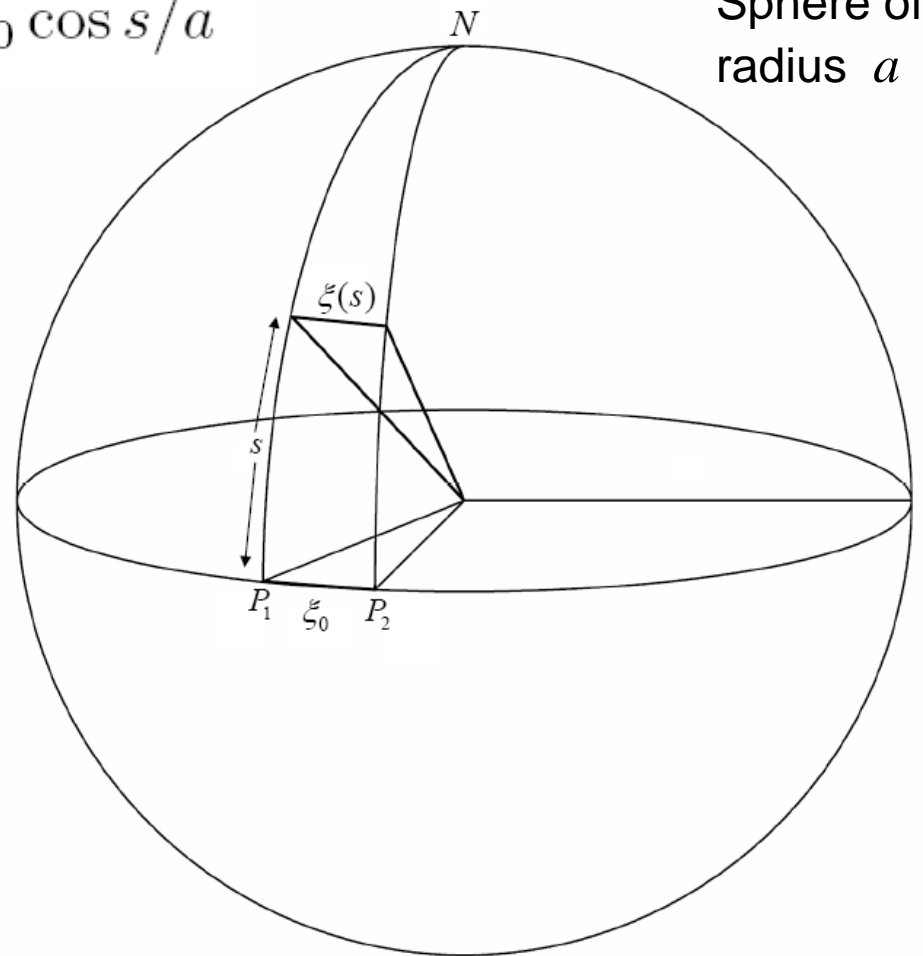


Another analogy will help us to interpret this last term

$$\xi(s) = a \cos \theta d\phi = \xi_0 \cos \theta = \xi_0 \cos s/a$$

Sphere of
radius a

Differentiating: $\frac{d^2 \xi}{ds^2} = -\frac{1}{a^2} \xi$



Another analogy will help us to interpret this last term

$$\xi(s) = a \cos \theta d\phi = \xi_0 \cos \theta = \xi_0 \cos s/a$$

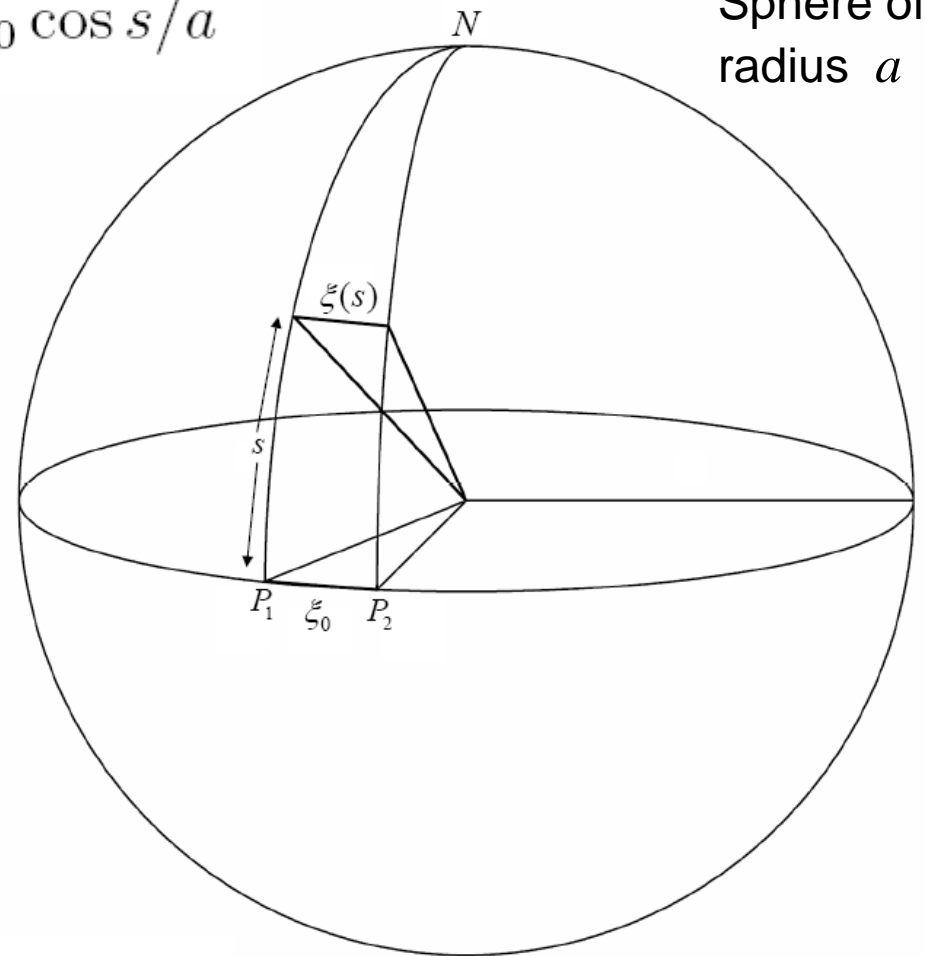
Sphere of radius a

Differentiating:
$$\frac{d^2 \xi}{ds^2} = -\frac{1}{a^2} \xi$$

Comparing with previous slide:

$$\mathcal{R} = \left\{ \frac{GM}{R^3 c^2} \right\}^{-\frac{1}{2}}$$

represents radius of curvature of spacetime at the Earth's surface



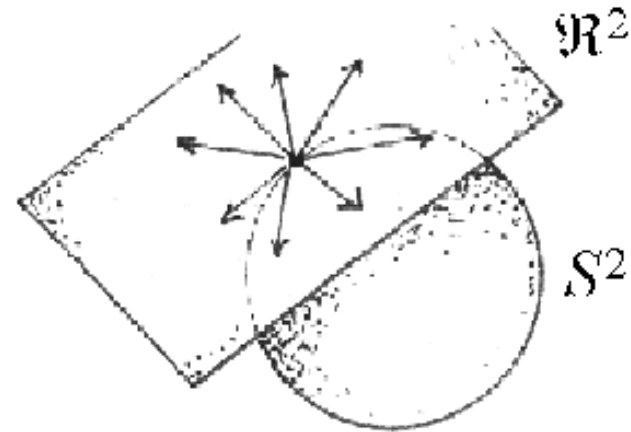
$$\mathcal{R} \sim 2 \times 10^{11} \text{ m}$$

3. A Mathematical Toolbox for GR (pgs.18 - 32)

Riemannian Manifold

A continuous, differentiable space which is locally **flat** and on which a distance, or **metric**, function is defined.

(e.g. the surface of a sphere)



The tangent space in a generic point of an S^2 sphere

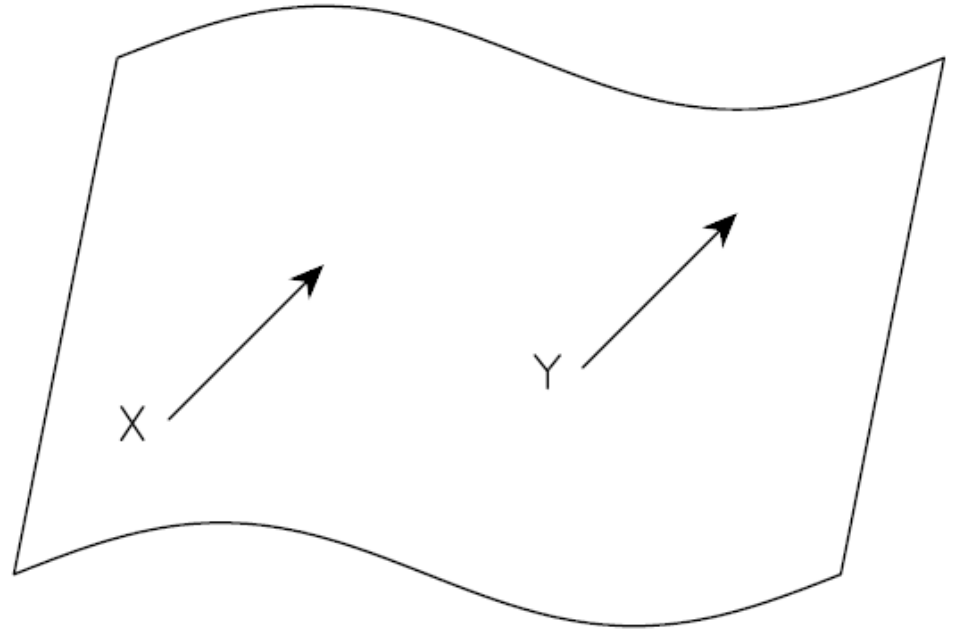
The mathematical properties of a Riemannian manifold match the physical assumptions of the strong equivalence principle

Vectors on a curved manifold

We think of a vector as an arrow representing a **displacement**.

$$\Delta \vec{x} = \Delta x^\alpha \vec{e}_\alpha$$

components basis vectors



In general, **components** of vector different at X and Y, even if the vector is the same at both points, because the **basis vectors** change

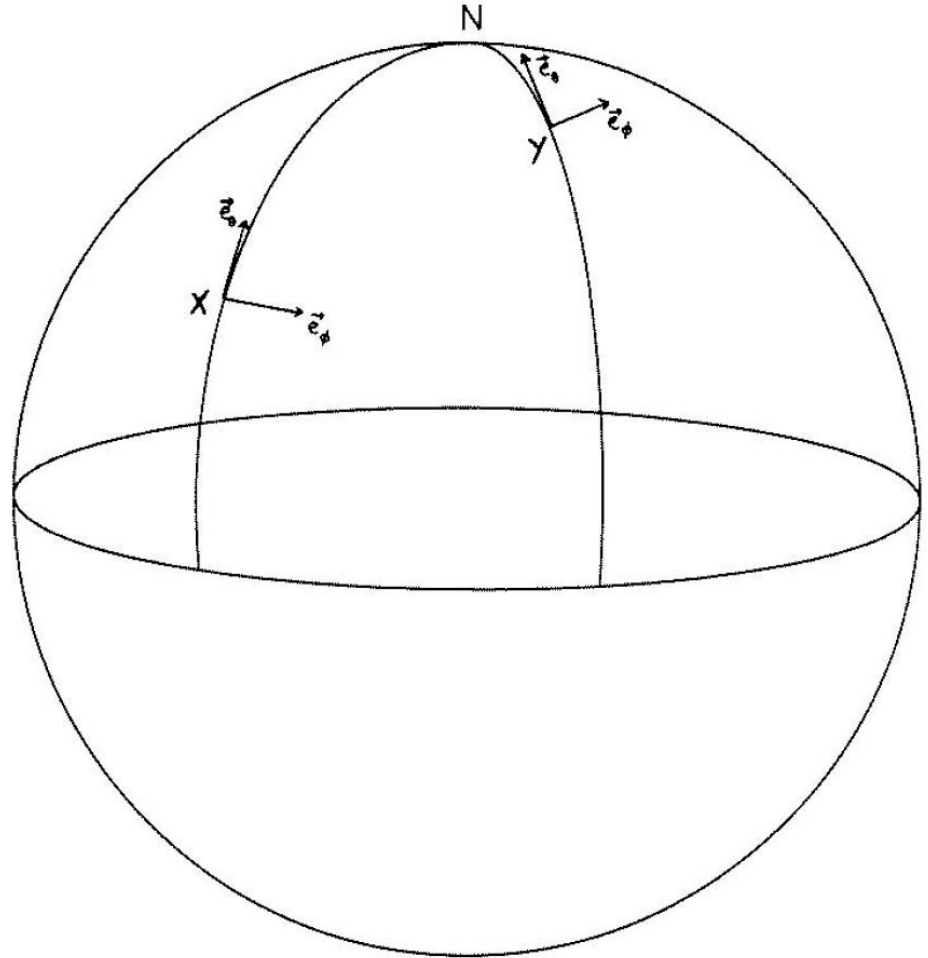
Simple example: 2-D sphere.

Set of curves parametrised by
coordinates

$$\vec{e}_i \equiv \frac{\partial}{\partial x^i} \quad \text{tangent to } i^{\text{th}} \text{ curve}$$

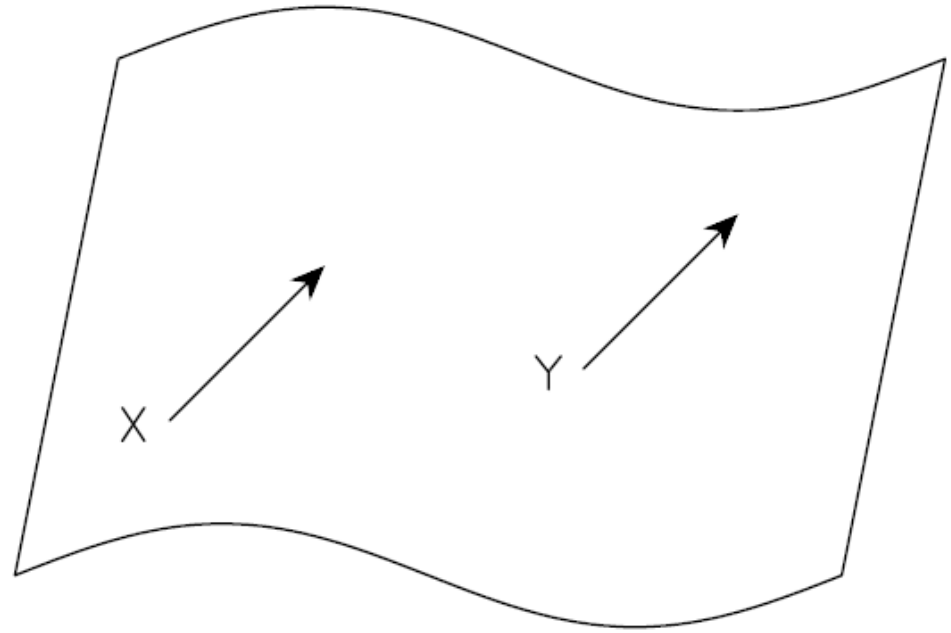
Basis vectors different at X and Y.

**We need to be able to handle
changing basis vectors and
components on surfaces of
arbitrary curvature.**



We need **rules** to tell us how to express the components of a vector in a different coordinate system, and at different points in our manifold.

e.g. in new, dashed, coordinate system, by the chain rule



$$\Delta x'^{\mu} = \frac{\partial x'^{\mu}}{\partial x^{\alpha}} \Delta x^{\alpha}$$

This is a **transformation law**.

Definition of a vector: any set of components that transforms like this

Generalisation to tensors

We can construct more general geometrical objects called **tensors** which again are defined by how they transform.

e.g. an (l,m) tensor is a **linear operator** with transformation law

$$A^{u_1 u_2 \dots u_l}_{r_1 r_2 \dots r_m} = \frac{\partial x'^{u_1}}{\partial x^{t_1}} \dots \frac{\partial x'^{u_l}}{\partial x^{t_l}} \frac{\partial x^{q_1}}{\partial x'^{r_1}} \dots \frac{\partial x^{q_m}}{\partial x'^{r_m}} A^{t_1 t_2 \dots t_l}_{q_1 q_2 \dots q_m}$$

Vectors are the special case of a $(1,0)$ tensor.

If a tensor equation can be shown to be valid in a particular coordinate system, it must be valid in *any* coordinate system.

Example:

metric tensor

$$g'_{\mu\nu} = \frac{\partial x^\alpha}{\partial x'^\mu} \frac{\partial x^\beta}{\partial x'^\nu} g_{\alpha\beta}$$

Remember,
for SR

$$ds^2 = -c^2 dt^2 + dx^2 + dy^2 + dz^2$$

Minkowski
metric

Invariant interval

These can be
functions of space
or time

Now generalises to

$$ds^2 = g_{\mu\nu} dx^\mu dx^\nu$$

Invariant interval
(scalar)

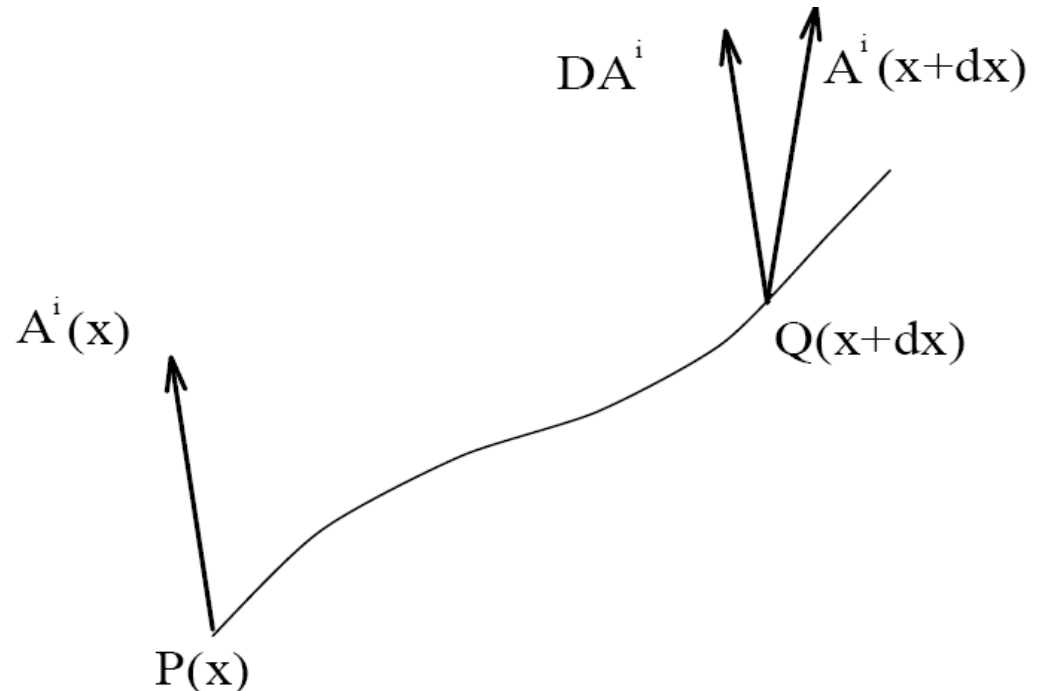
Contravariant vectors
or (1,0) tensors

Covariant differentiation

In physics we need to be able to differentiate quantities like vectors – this involves subtracting components at neighbouring points.

This is a problem because the transformation law for the components of vectors will in general be different at P and Q .

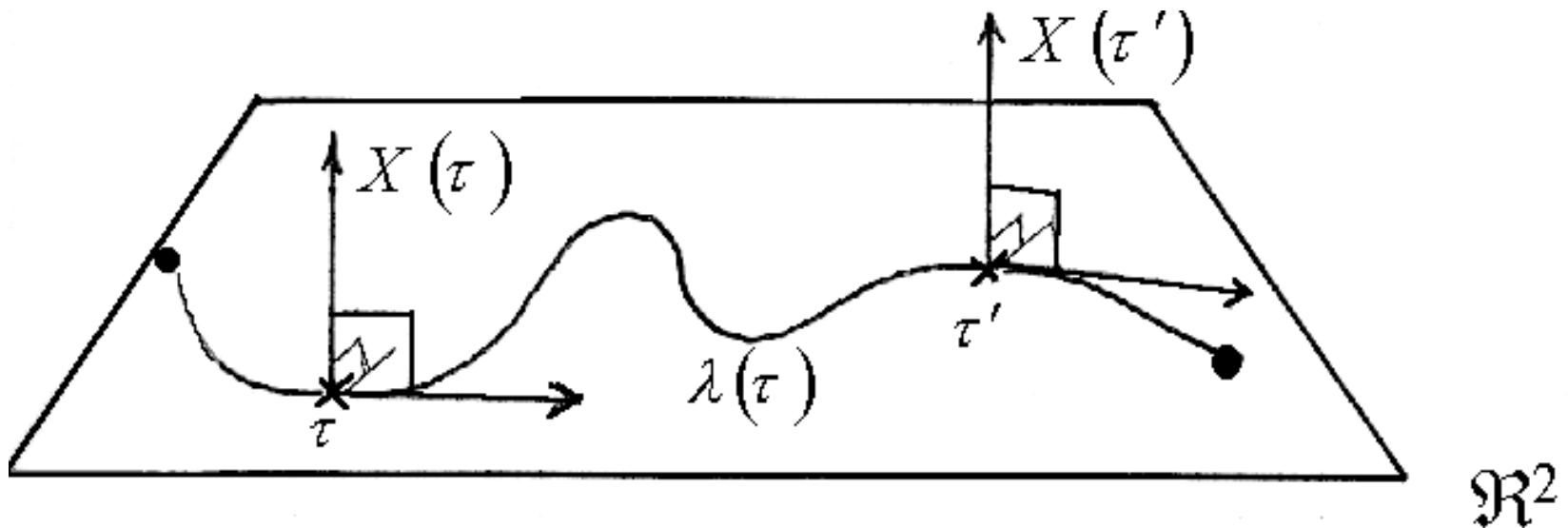
To fix this problem,
we need a procedure for
transporting the
components of A
from P to Q .



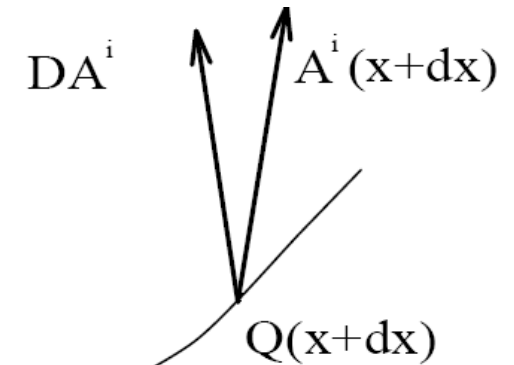
Covariant differentiation

We call this procedure **Parallel Transport**

A vector field is parallel transported along a curve, when it maintains a constant angle with the tangent vector to the curve



Covariant differentiation



We can write

$$DA^i(x+dx) = A^i(x) + \delta A^i(x)$$

where

$$\delta A^i(x) = -\Gamma_{jk}^i A^j dx^k$$

$$\frac{\partial \vec{e}_i}{\partial x^k} = \Gamma_{ik}^j \vec{e}_j$$

Christoffel symbols, connecting the basis vectors at Q to those at P

Covariant differentiation

We can now define the **covariant derivative** of a vector (which is a tensor)

$$A^i_{;k} = A^i_{,k} + \Gamma^i_{jk} A^j$$

Ordinary partial derivative

We want to define physical laws in terms of **covariant derivatives** so that they are valid in any coordinate system.

Geodesics

We can now provide a more mathematical basis for the phrase “spacetime tells matter how to move”.

One can define a geodesic as a curve along which the tangent vector to the curve is parallel-transported. In other words, if one parallel transports a tangent vector along a geodesic, it remains a tangent vector.

The covariant derivative of a tangent vector, along the geodesic is identically zero, i.e.

$$\vec{\nabla}_{\vec{U}} \vec{U} = 0$$

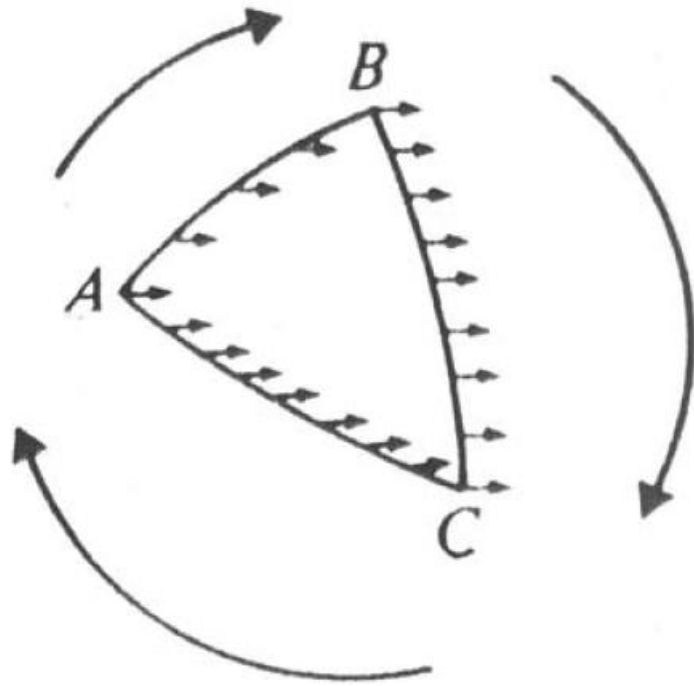
4. Spacetime curvature in GR (pgs.33 - 37)

This is described by the **Riemann-Christoffel tensor**, which depends on the metric and its first and second derivatives.

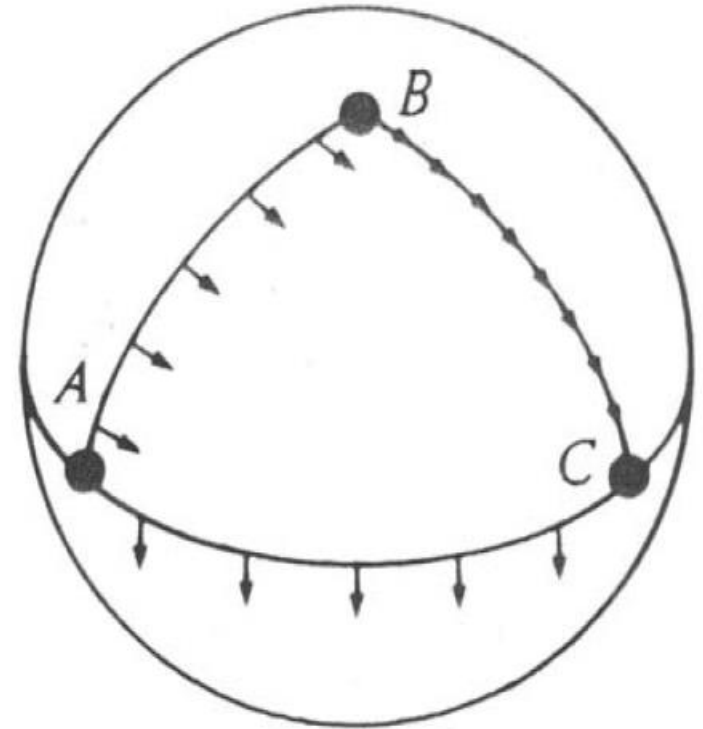
We can derive the form of the R-C tensor in several ways

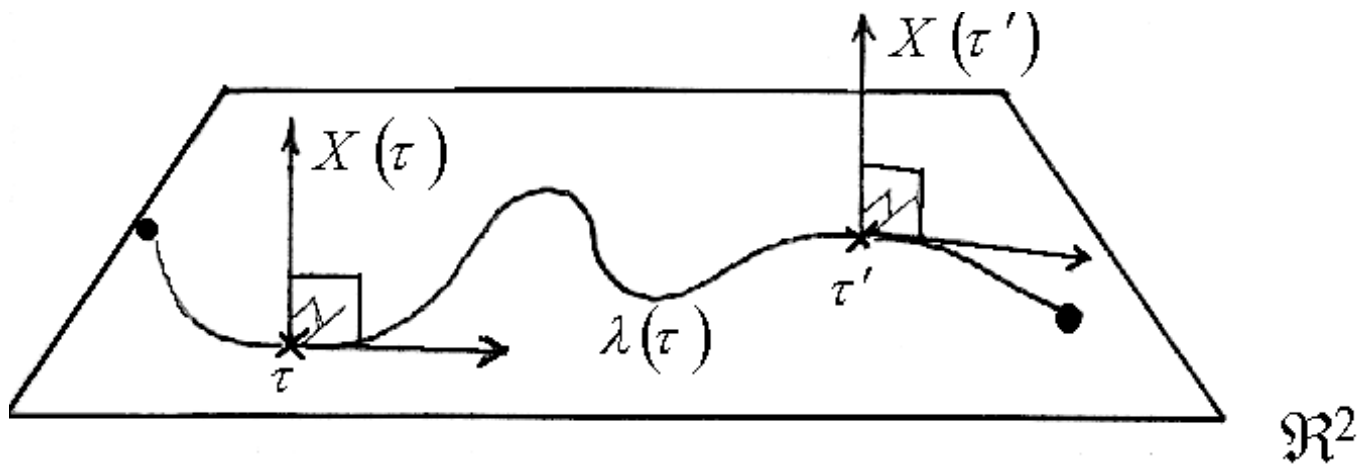
1. by parallel transporting of a vector around a closed loop in our manifold
2. by considering the commutator of the second order covariant derivative of a vector field
3. by computing the deviation of two neighbouring geodesics in our manifold

(a)

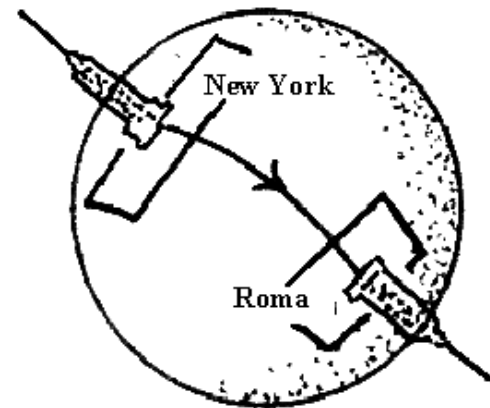
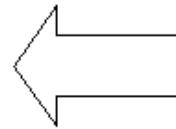
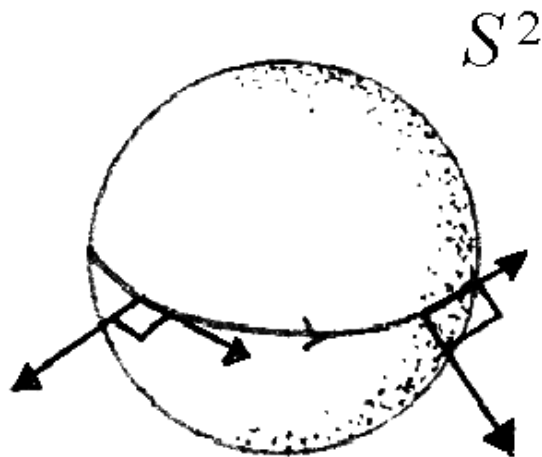


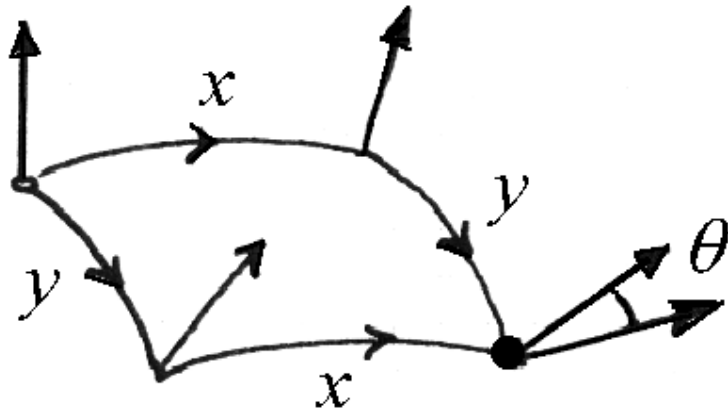
(b)





In a flat manifold, parallel transport does not rotate vectors, while on a curved manifold it *does*.





After parallel transport around a closed loop on a curved manifold, the vector does not come back to its original orientation but it is rotated through some angle.

The R-C tensor is related to this angle.

$$R^{\mu}_{\alpha\beta\gamma} = \Gamma^{\sigma}_{\alpha\gamma} \Gamma^{\mu}_{\sigma\beta} - \Gamma^{\sigma}_{\alpha\beta} \Gamma^{\mu}_{\sigma\gamma} + \Gamma^{\mu}_{\alpha\gamma,\beta} - \Gamma^{\mu}_{\alpha\beta,\gamma}$$

If spacetime is flat then, for all indices

$$R^{\mu}_{\alpha\beta\gamma} = 0$$

5. Einstein's Equations (pgs.38 - 45)

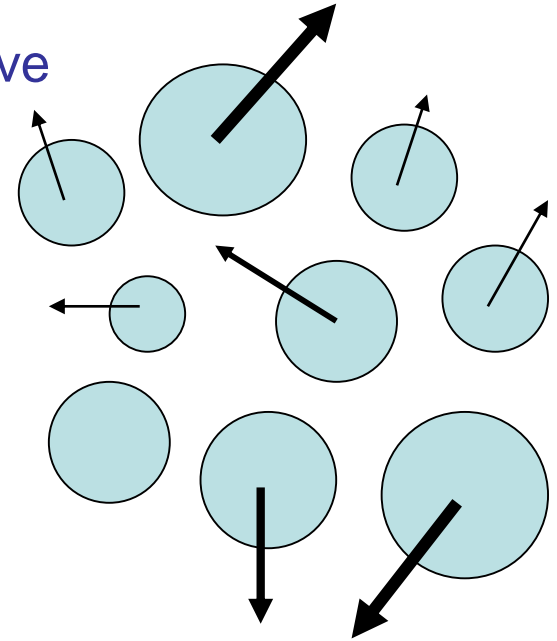
What about “matter tells spacetime how to curve”?...

The source of spacetime curvature is the **Energy-momentum tensor** which describes the presence and motion of gravitating matter (and energy).

We consider the E-M tensor for a **perfect fluid**

*In a fluid description we treat our physical system as a smooth continuum, and describe its behaviour in terms of locally averaged properties in each **fluid element**.*

Each fluid element may possess a **bulk motion** with respect to the rest of the fluid, and this relative motion may be non-uniform.



Particles within the fluid element will not be at rest:

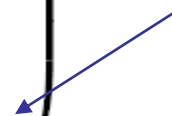
1. Pressure (c.f. molecules in an ideal gas)
2. Heat conduction (energy exchange with neighbours)
3. Viscous forces (shearing of fluid)

Perfect Fluid if each fluid element has no heat conduction or viscous forces, only **pressure**.

Energy momentum tensor for a perfect fluid

$$\mathbf{T} = \begin{pmatrix} \rho & 0 & 0 & 0 \\ 0 & P & 0 & 0 \\ 0 & 0 & P & 0 \\ 0 & 0 & 0 & P \end{pmatrix}$$

Pressure due to random motion
of particles in fluid element



Conservation of energy and momentum requires that

$$T^{\alpha\beta}_{;\beta} = 0$$

So how does “matter tell spacetime how to curve”?...

Einstein's Equations

BUT the E-M tensor is of rank 2, whereas the R-C tensor is of rank 4.

Einstein's equations involve **contractions** of the R-C tensor.

Define the **Ricci tensor** by

$$R_{\alpha\gamma} = R^{\mu}_{\alpha\mu\gamma}$$

and the **curvature scalar** by

$$R = g^{\alpha\beta} R_{\alpha\beta}$$

We can raise indices via $R^{\mu\nu} = g^{\mu\alpha} g^{\nu\beta} R_{\alpha\beta}$

and define the Einstein tensor

$$G^{\mu\nu} = R^{\mu\nu} - \frac{1}{2} g^{\mu\nu} R$$

We can show that

$$G^{\mu\nu}_{;\nu} = 0$$

so that

$$T^{\mu\nu}_{;\nu} = G^{\mu\nu}_{;\nu}$$

Einstein took as solution the form

$$G^{\mu\nu} = \kappa T^{\mu\nu}$$

where we can determine the constant κ by requiring that we should recover the laws of Newtonian gravity and dynamics in the limit of a weak gravitational field and non-relativistic motion. In fact κ turns out to equal $8\pi G/c^4$.

Solving Einstein's equations

Given the metric, we can compute the Christoffel symbols, then the geodesics of 'test' particles.

We can also compute the R-C tensor, Einstein tensor and E-M tensor.

What about the other way around?...

Highly non-trivial problem, in general intractable, but given E-M tensor can solve for metric in some special cases.

e.g. **Schwarzschild solution, for the spherically symmetric static spacetime exterior to a mass M**

$$ds^2 = - \left(1 - \frac{2M}{r} \right) dt^2 + \frac{dr^2}{\left(1 - \frac{2M}{r} \right)} + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2$$

Coordinate singularity at $r=2M$

Geodesics for the Schwarzschild metric

Radial geodesic

$$\left(\frac{dr}{d\tau}\right)^2 = k^2 - 1 - \frac{h^2}{r^2} + \frac{2M}{r} \left(1 + \frac{h^2}{r^2}\right)$$

Changing the dependent variable from r to u and the independent variable from τ to ϕ , our radial geodesic equation reduces to

$$h^2 \left(\frac{du}{d\phi}\right)^2 = (k^2 - 1) - h^2 u^2 + 2Mu(1 + h^2 u^2)$$

or

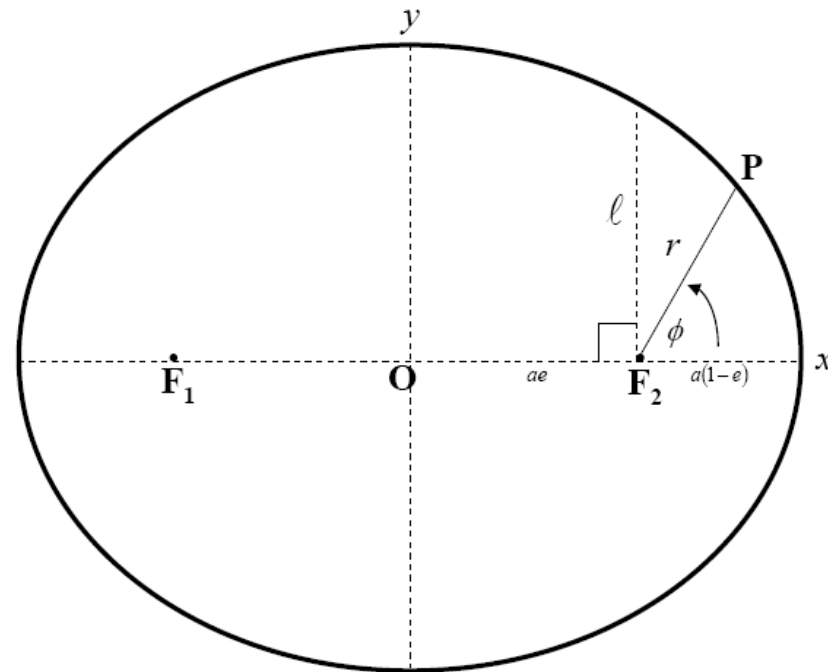
$$\frac{d^2 u}{d\phi^2} = -u + \frac{M}{h^2} + 3Mu^2$$

Extra term, only in GR

e.g. for the Earth's orbit the ratio

$$\frac{3Mu^2}{M/h^2} \simeq 3 \times 10^{-8}$$

Newtonian solution:
Elliptical orbit



Foci at F_1 and F_2

$Ox = a =$ semi-major axis

$Oy = b =$ semi-minor axis

$$b^2 = a^2(1 - e^2)$$

$e =$ eccentricity

P defined by

$$r = \frac{l}{1 + e \cos \phi}$$

$l =$ semi-latus rectum

$$= b^2 / a$$

GR solution:

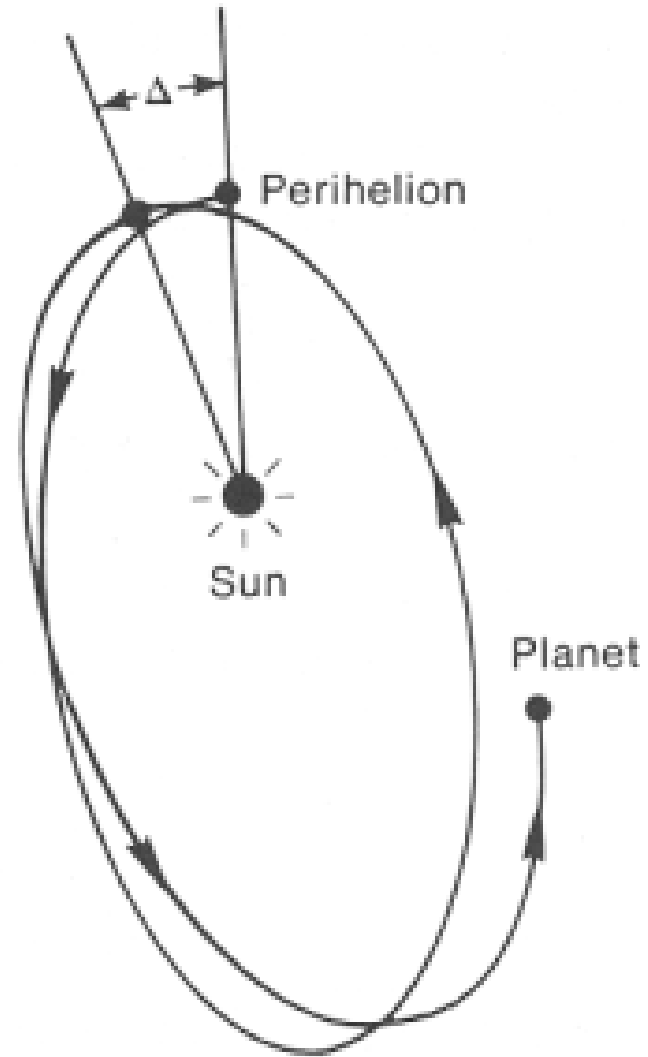
Precessing ellipse

$$u = \frac{M}{h^2} \left[1 + e \cos \left(1 - \frac{3M^2}{h^2} \right) \phi \right]$$

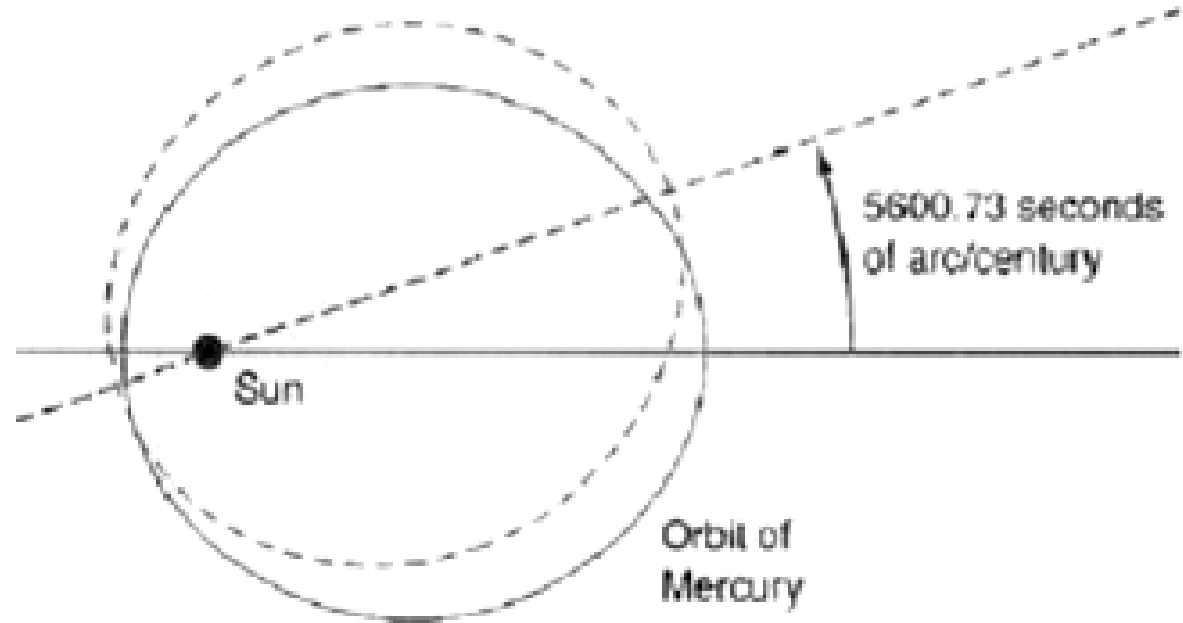
Here

$$P = \frac{2\pi}{1 - 3M^2/h^2} > 2\pi$$

$$\Delta = \frac{6\pi M}{a(1 - e^2)}$$



GR solution:
Precessing ellipse



$$\Delta = \frac{6\pi M}{a(1 - e^2)}$$

If we apply this equation to the orbit of Mercury, we obtain a perihelion advance which builds up to about 43 seconds of arc per century.

GR solution:

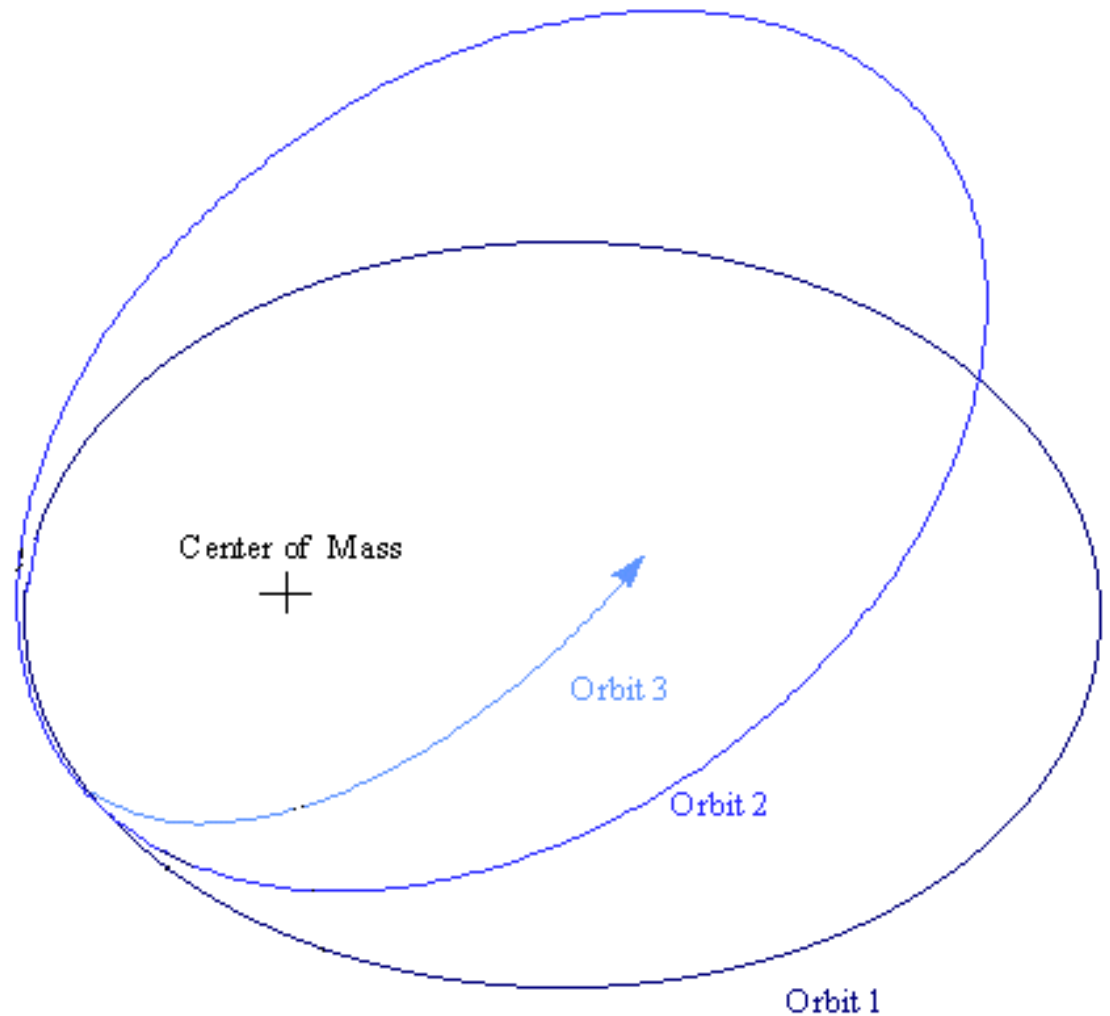
Precessing ellipse

Seen much more dramatically in the

binary pulsar

PSR 1913+16.

Periastron is
advancing at a rate of
~4 degrees per year!



Gravitational light deflection in GR

Radial geodesic for a photon

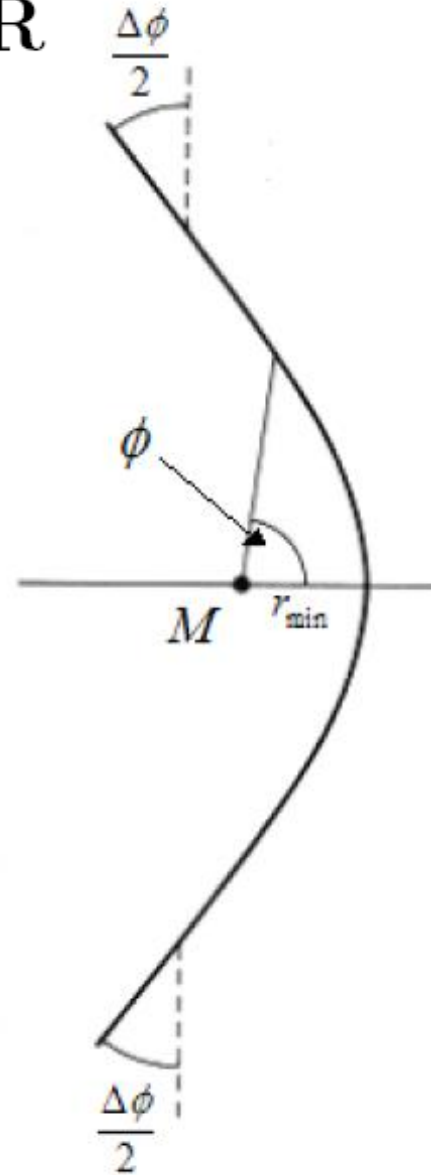
$$\left(\frac{dr}{d\lambda}\right)^2 = k^2 - \frac{h^2}{r^2} + \frac{2Mh^2}{r^3}$$

or
$$\frac{d^2u}{d\phi^2} + u = 3Mu^2$$

Solution reduces to
$$u = -\frac{\Delta\phi}{2r_{\min}} + \frac{2M}{r_{\min}^2}$$

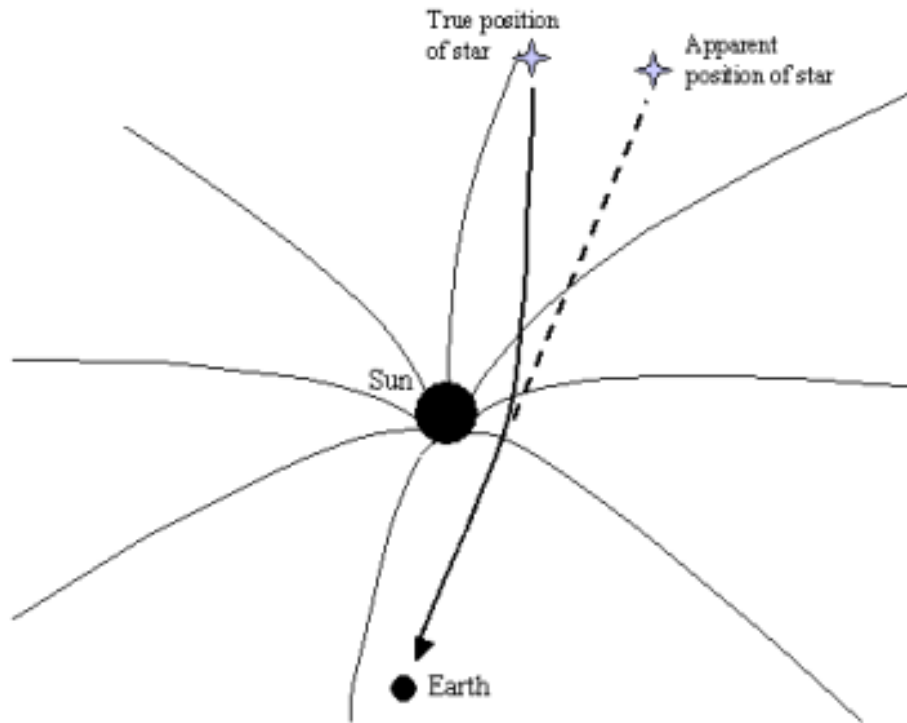
So that asymptotically

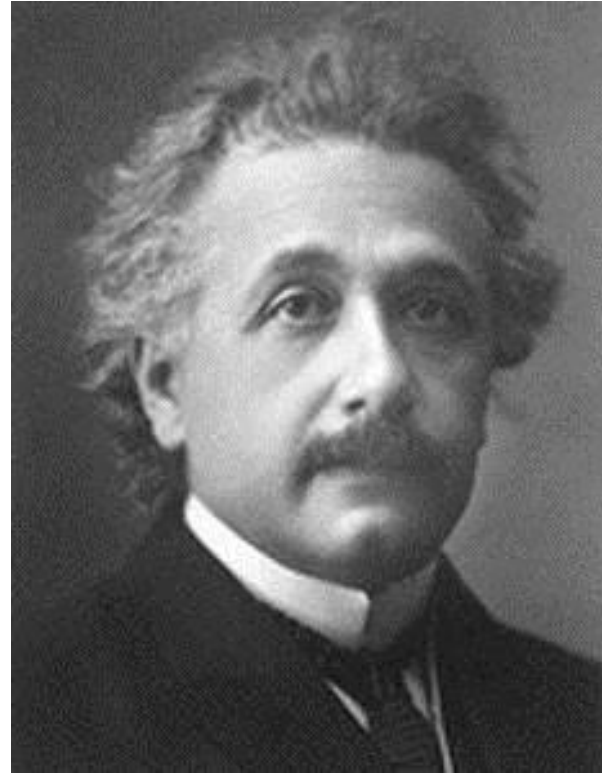
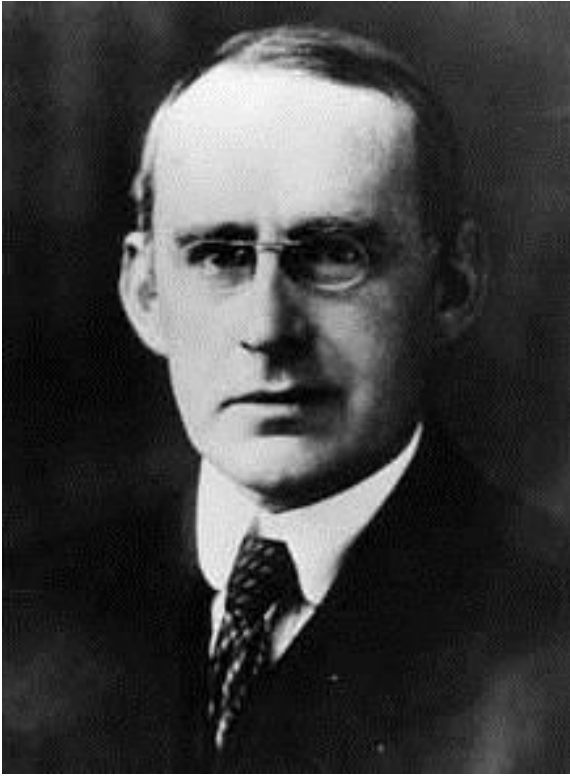
$$\Delta\phi = \frac{4M}{r_{\min}} \equiv \frac{4GM}{c^2 r_{\min}}$$



This is exactly twice the deflection angle predicted by a Newtonian treatment. If we take r_{\min} to be the radius of the Sun (which would correspond to a light ray grazing the limb of the Sun from a background star observed during a total solar eclipse) then we find that

$$\Delta\phi = \frac{4 \times 1.5 \times 10^3}{6.95 \times 10^8} = 8.62 \times 10^{-6} \text{ radians} = 1.77 \text{ arcsec}$$





1919 expedition, led by Arthur Eddington, to observe total solar eclipse, and measure light deflection.

GR passed the test!

6. Wave Equation for Gravitational Radiation (pgs.46 - 57)

Weak gravitational fields

In the absence of a gravitational field, spacetime is flat. We define a weak gravitational field as one in which spacetime is 'nearly flat'

i.e. we can find a coordinate system such that

$$g_{\alpha\beta} = \eta_{\alpha\beta} + h_{\alpha\beta}$$

where $\eta_{\alpha\beta} = \text{diag}(-1, 1, 1, 1)$
 $|h_{\alpha\beta}| \ll 1$ for all α and β

This is known as a Nearly Lorentz coordinate system.

If we find a coordinate system in which spacetime looks nearly flat, we can carry out certain coordinate transformations after which spacetime will *still* look nearly flat:

1) Background Lorentz transformations

Hence, our original nearly Lorentz coordinate system remains nearly Lorentz in the new coordinate system. In other words, a spacetime which looks nearly flat to one observer still looks nearly flat to any other observer in uniform relative motion with respect to the first observer.

If we find a coordinate system in which spacetime looks nearly flat, we can carry out certain coordinate transformations after which spacetime will *still* look nearly flat:

2) Gauge transformations

The above results tell us that – once we have identified a coordinate system which is nearly Lorentz – we can add an arbitrary small vector ξ^α to the coordinates x^α without altering the validity of our assumption that spacetime is nearly flat. We can, therefore, choose the components ξ^α to make Einstein's equations as simple as possible. We call this step choosing a **gauge** for the problem – a name which has resonance with a similar procedure in electromagnetism – and coordinate transformations of this type given by equation are known as **gauge transformation**. We will consider below specific choices of gauge which are particularly useful.

Einstein's equations for a weak gravitational field

To first order, the R-C tensor for a weak field reduces to

$$R_{\alpha\beta\gamma\delta} = \frac{1}{2} (h_{\alpha\delta,\beta\gamma} + h_{\beta\gamma,\alpha\delta} - h_{\alpha\gamma,\beta\delta} - h_{\beta\delta,\alpha\gamma})$$

and is invariant under gauge transformations.

Similarly, the Ricci tensor is
$$R_{\mu\nu} = \frac{1}{2} (h_{\mu,\nu\alpha}^{\alpha} + h_{\nu,\mu\alpha}^{\alpha} - h_{\mu\nu,\alpha}^{\alpha,\alpha} - h_{,\mu\nu})$$

where

$$h \equiv h_{\alpha}^{\alpha} = \eta^{\alpha\beta} h_{\alpha\beta}$$

$$h_{\mu\nu,\alpha}^{\alpha} = \eta^{\alpha\sigma} (h_{\mu\nu,\alpha})_{,\sigma} = \eta^{\alpha\sigma} h_{\mu\nu,\alpha\sigma}$$

The Einstein tensor is the (rather messy) expression

$$G_{\mu\nu} = \frac{1}{2} \left[h_{\mu\alpha,\nu}{}^{,\alpha} + h_{\nu\alpha,\mu}{}^{,\alpha} - h_{\mu\nu,\alpha}{}^{,\alpha} - h_{,\mu\nu} - \eta_{\mu\nu} (h_{\alpha\beta}{}^{,\alpha\beta} - h_{,\beta}{}^{,\beta}) \right]$$

but we can simplify this by introducing $\bar{h}_{\mu\nu} \equiv h_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu}h$

So that

$$G_{\mu\nu} = -\frac{1}{2} \left[\bar{h}_{\mu\nu,\alpha}{}^{,\alpha} + \eta_{\mu\nu}\bar{h}_{\alpha\beta}{}^{,\alpha\beta} - \bar{h}_{\mu\alpha,\nu}{}^{,\alpha} - \bar{h}_{\nu\alpha,\mu}{}^{,\alpha} \right]$$

And we can choose the **Lorenz gauge** to eliminate the last 3 terms

In the Lorenz gauge, then Einstein's equations are simply

$$-\bar{h}_{\mu\nu,\alpha}{}^{,\alpha} = 16\pi T_{\mu\nu}$$

And in free space this gives

$$\bar{h}_{\mu\nu,\alpha}{}^{,\alpha} = 0$$

Writing $\bar{h}_{\mu\nu,\alpha}{}^{,\alpha} \equiv \eta^{\alpha\alpha}\bar{h}_{\mu\nu,\alpha\alpha}$

or

$$\left(-\frac{\partial^2}{\partial t^2} + \nabla^2 \right) \bar{h}_{\mu\nu} = 0$$

In the **Lorenz gauge**, the Einstein's equations simplify in free space to

$$\left(-\frac{\partial^2}{\partial t^2} + c^2 \nabla^2 \right) \bar{h}_{\mu\nu} = 0$$

Modified form of metric perturbation

This is a key result. It has the mathematical form of a wave equation, propagating with speed c .

We have shown that the metric perturbations – the ‘ripples’ in spacetime produced by disturbing the metric – propagate at the speed of light as waves in free space.

7. The Transverse Traceless Gauge (pgs.57 - 62)

Simplest solutions of our wave equation are **plane waves**

$$\bar{h}_{\mu\nu} = \text{Re} [A_{\mu\nu} \exp (ik_{\alpha}x^{\alpha})]$$

Wave amplitude

Wave vector

Note the wave amplitude is symmetric \rightarrow 10 independent components.

Also, easy to show that

$$k_{\alpha} k^{\alpha} = 0$$

i.e. the wave vector is a **null** vector

Suppose we orient our coordinate axes so that the plane wave is travelling in the positive z direction. Then

$$k^t = \omega, \quad k^x = k^y = 0, \quad k^z = \omega$$

and

$$A_{\alpha z} = 0 \quad \text{for all } \alpha$$

i.e. there is no component of the metric perturbation in the direction of propagation of the wave. This explains the origin of the ‘Transverse’ part

So in the transverse traceless gauge,

$$\bar{h}_{\mu\nu}^{(\text{TT})} = A_{\mu\nu}^{(\text{TT})} \cos [\omega(t - z)]$$

where

$$A_{\mu\nu}^{(\text{TT})} = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & A_{xx}^{(\text{TT})} & A_{xy}^{(\text{TT})} & 0 \\ 0 & A_{xy}^{(\text{TT})} & -A_{xx}^{(\text{TT})} & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}$$

Also, since the perturbation is traceless

$$\bar{h}_{\alpha\beta}^{(\text{TT})} = h_{\alpha\beta}^{(\text{TT})}$$

8. Effect of Gravitational Waves on Free Particles (pgs.63 - 75)

Choose Background frame in which test particle initially at rest. Set up coordinate system according to the TT gauge.

Coordinates do not change, but adjust themselves as wave passes so that particles remain 'attached' to initial positions.

Coordinates are frame-dependent labels.

What about **proper distance** between neighbouring particles?

Consider two test particles, both initially at rest, one at origin and the other at $x = \epsilon$, $y = z = 0$

$$\Delta l = \int |g_{\alpha\beta} dx^\alpha dx^\beta|^{1/2}$$

i.e.
$$\Delta l = \int_0^\epsilon |g_{xx}|^{1/2} \simeq \sqrt{g_{xx}(x=0)} \epsilon$$

Now
$$g_{xx}(x=0) = \eta_{xx} + h_{xx}^{(\text{TT})}(x=0)$$

so

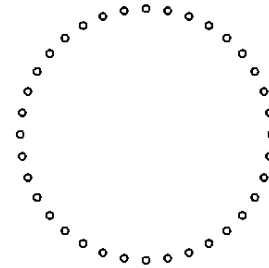
$$\Delta l \simeq \left[1 + \frac{1}{2} h_{xx}^{(\text{TT})}(x=0) \right] \epsilon$$

In general,
this is time-
varying

$$A_{xx}^{(\text{TT})} \neq 0 \quad A_{xy}^{(\text{TT})} = 0$$

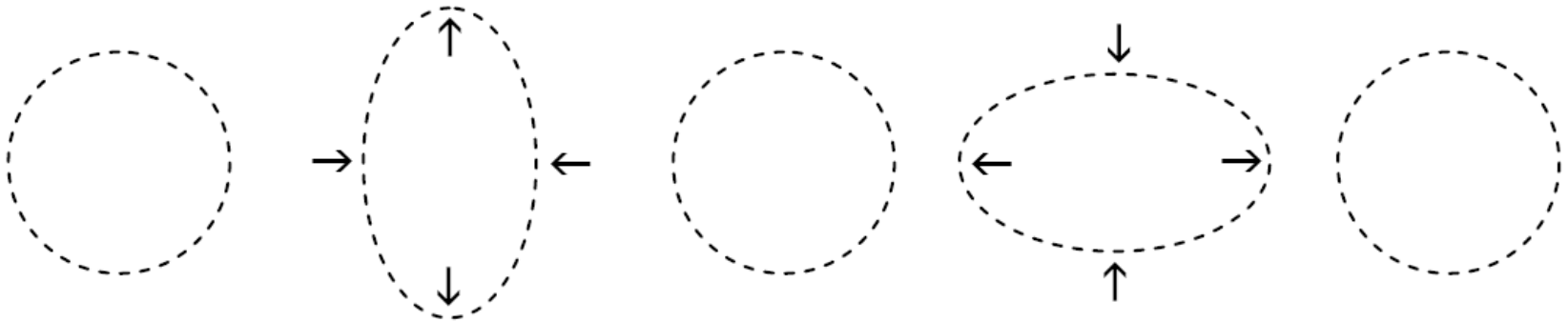
$$\xi^x = \epsilon \cos \theta \left(1 + \frac{1}{2} A_{xx}^{(\text{TT})} \cos \omega t \right)$$

$$\xi^y = \epsilon \sin \theta \left(1 - \frac{1}{2} A_{xx}^{(\text{TT})} \cos \omega t \right)$$



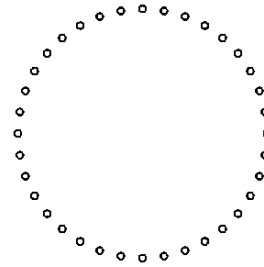
$$A_{xx}^{(\text{TT})} \neq 0$$

+ Polarisation



$$A_{xy}^{(\text{TT})} \neq 0 \quad A_{xx}^{(\text{TT})} = 0$$

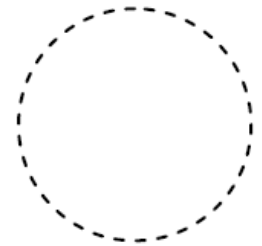
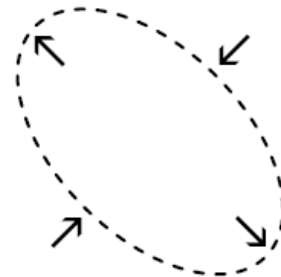
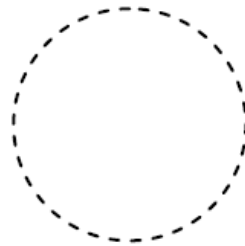
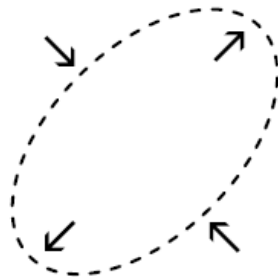
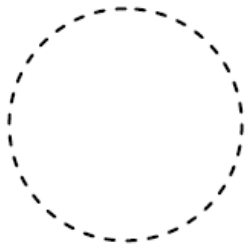
$$\xi^x = \epsilon \cos \theta + \frac{1}{2} \epsilon \sin \theta A_{xy}^{(\text{TT})} \cos \omega t$$



$$\xi^y = \epsilon \sin \theta + \frac{1}{2} \epsilon \cos \theta A_{xy}^{(\text{TT})} \cos \omega t$$

$$A_{xy}^{(\text{TT})} \neq 0$$

× Polarisation



- The two solutions, for $A_{xx}^{(TT)} \neq 0$ and $A_{xy}^{(TT)} \neq 0$ represent two independent gravitational wave **polarisation states**, and these states are usually denoted by ‘+’ and ‘×’ respectively. In general any gravitational wave propagating along the z -axis can be expressed as a linear combination of the ‘+’ and ‘×’ polarisations, i.e. we can write the wave as

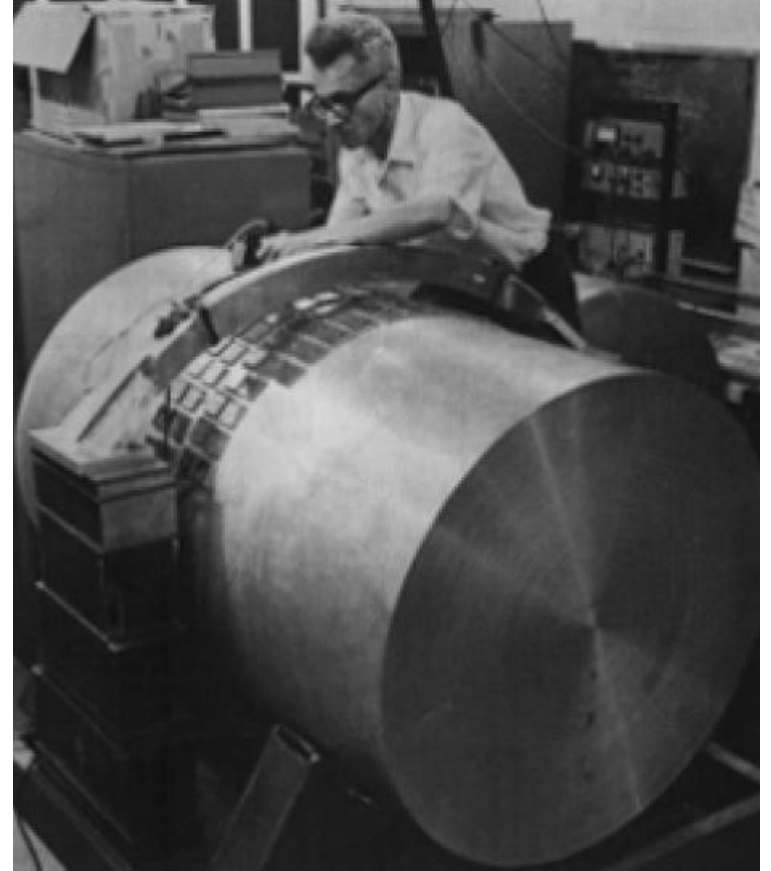
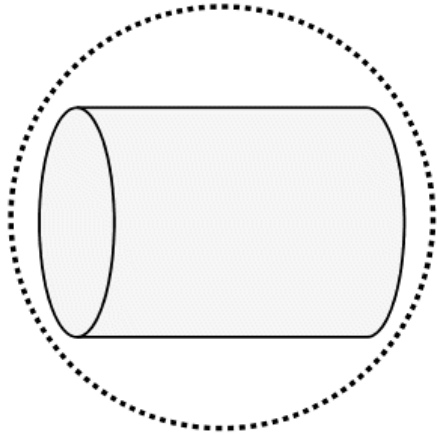
$$\mathbf{h} = a \mathbf{e}_+ + b \mathbf{e}_\times$$

where a and b are scalar constants and the *polarisation tensors* \mathbf{e}_+ and \mathbf{e}_\times are

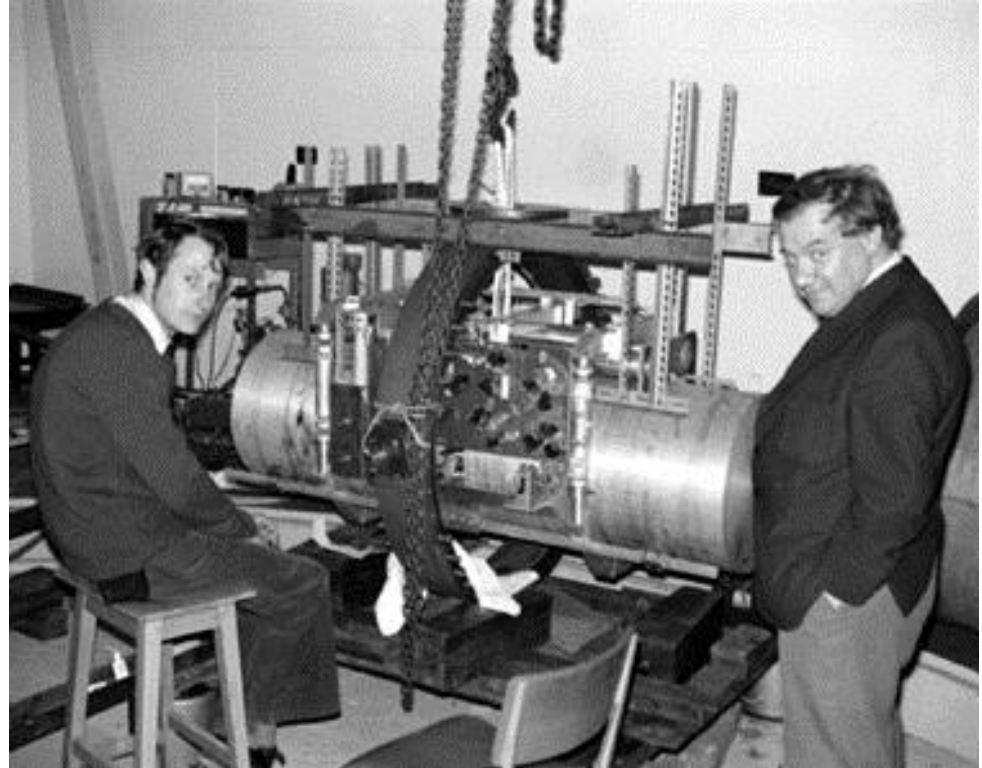
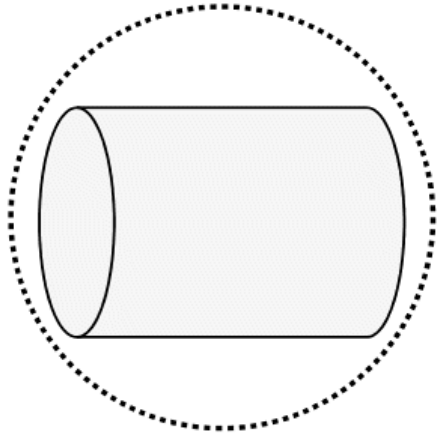
$$\mathbf{e}_+ = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & -1 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix} \quad \mathbf{e}_\times = \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & 0 & 1 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}$$

- Distortions are **quadrupolar** - consequence of fact that acceleration of geodesic deviation non-zero only for tidal gravitational field.
- At any instant, a gravitational wave is invariant under a rotation of 180 degrees about its direction of propagation.
(c.f. spin states of gauge bosons; graviton must be $S=2$, tensor field)

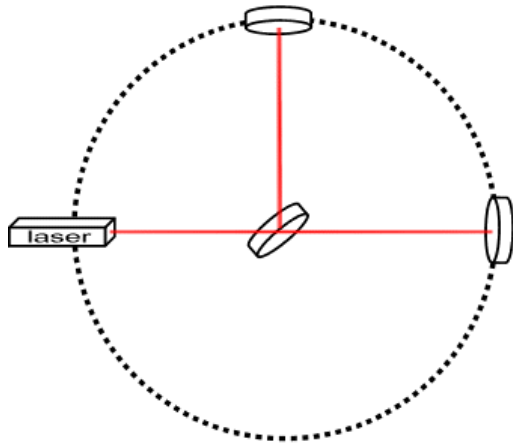
Design of gravitational wave detectors

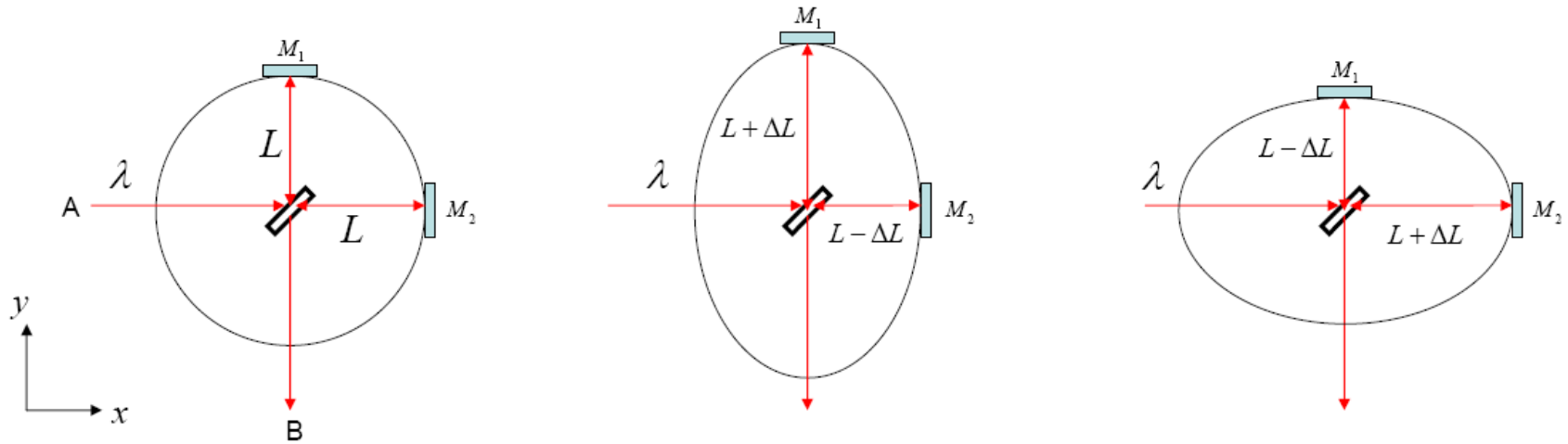


Design of gravitational wave detectors



~40 yrs on - Interferometric ground-based detectors





Gravitational wave $\mathbf{h} = h\mathbf{e}_+$ propagating along z axis.

Fractional change in proper separation

$$\frac{\Delta L}{L} = \frac{h}{2}$$

9. The Production of Gravitational Waves (pgs 76 - 80)

We can understand something important about the nature of gravitational radiation by drawing analogies with the formulae that describe electromagnetic radiation.

$$L_{\text{electric dipole}} \propto e^2 \ddot{\mathbf{d}}^2 \quad \leftarrow \text{Net electric dipole moment}$$

Analogue is the mass dipole moment: $\mathbf{d} = \sum_{A_i} m_i \mathbf{x}_i$

But $\dot{\mathbf{d}} = \sum_{A_i} m_i \dot{\mathbf{x}}_i \equiv \mathbf{p}$

Conservation of **linear momentum** means no “electric dipole”

$$L_{\text{magnetic dipole}} \propto \ddot{\mu}$$

$$\mu = \sum_{q_i} (\text{position of } q_i) \times (\text{current due to } q_i)$$

Gravitational analogues?...

$$\mu = \sum_{A_i} (\mathbf{x}_i) \times (m_i \mathbf{v}_i) \equiv \mathbf{J}$$

Conservation of **angular momentum** implies no “magnetic dipole”

So lowest order radiation produced is “quadrupole”

Also, the quadrupole of a **spherically symmetric mass distribution** is zero.

Metric perturbations which are spherically symmetric don't produce gravitational radiation.

Example: binary neutron star system.

$$h_{\mu\nu} = \frac{2G}{c^4 r} \ddot{I}_{\mu\nu}$$

where $I_{\mu\nu}$ is the **reduced quadrupole moment** defined as

$$I_{\mu\nu} = \int \rho(\vec{r}) \left(x_\mu x_\nu - \frac{1}{3} \delta_{\mu\nu} r^2 \right) dV$$

Consider a binary neutron star system consisting of two stars both of Schwarzschild mass M , in a circular orbit of coordinate radius R and orbital frequency f .

$$I_{xx} = 2MR^2 \left[\cos^2(2\pi ft) - \frac{1}{3} \right]$$

$$I_{yy} = 2MR^2 \left[\sin^2(2\pi ft) - \frac{1}{3} \right]$$

$$I_{xy} = I_{yx} = 2MR^2 [\cos(2\pi ft) \sin(2\pi ft)]$$

Thus

$$h_{xx} = -h_{yy} = h \cos(4\pi ft)$$

$$h_{xy} = h_{yx} = -h \sin(4\pi ft)$$

where

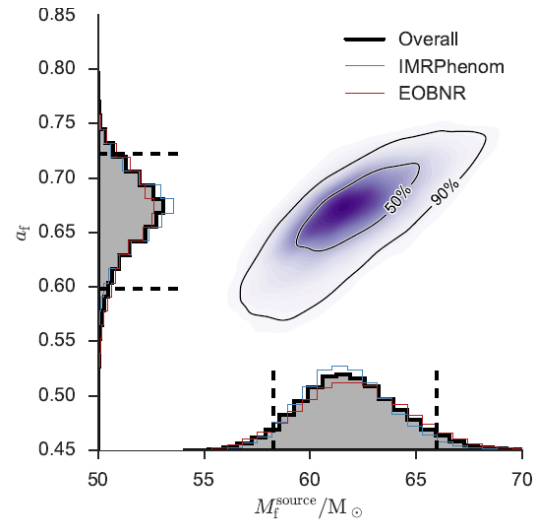
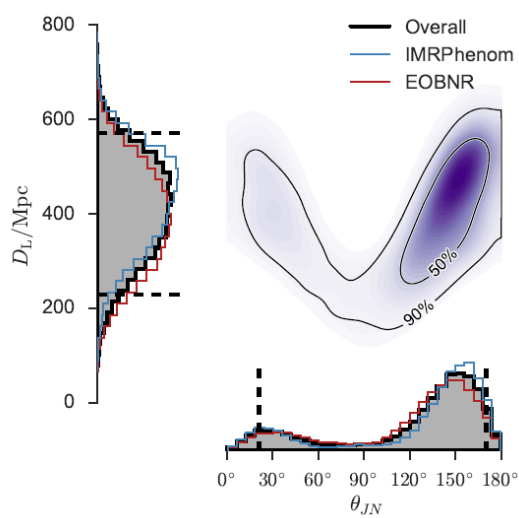
$$h = \frac{32\pi^2 G M R^2 f^2}{c^4 r}$$

So the binary system emits gravitational waves at **twice** the Keplerian orbital frequency.

For GW150914: $M \sim 30 M_{\odot}$ $r \sim 400$ Mpc

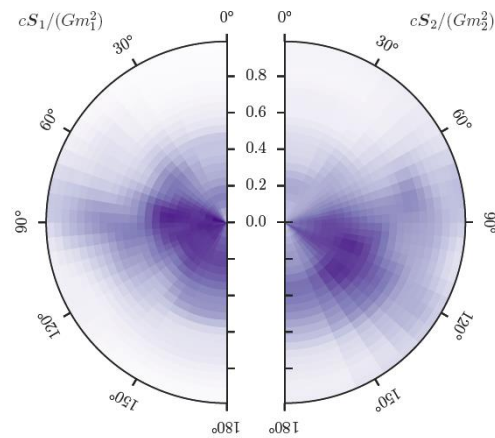
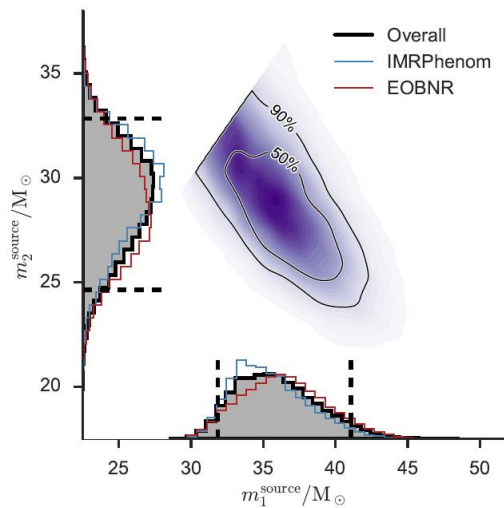
GW150914 Parameters

distance vs inclination



final mass vs final spin

component masses

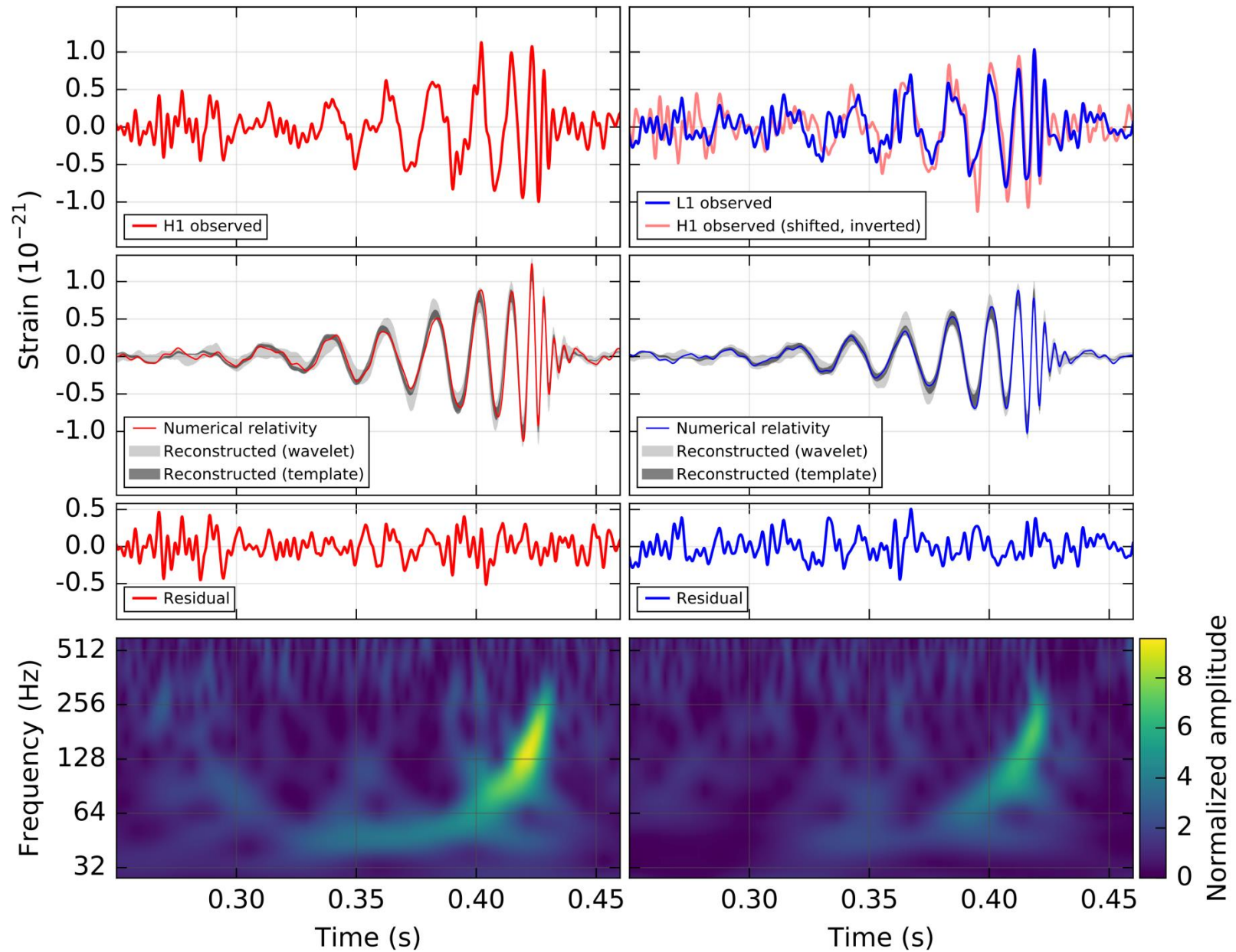


component spins

arXiv:1602.03840

Hanford, Washington (H1)

Livingston, Louisiana (L1)



Thus

$$h_{xx} = -h_{yy} = h \cos(4\pi ft)$$

where

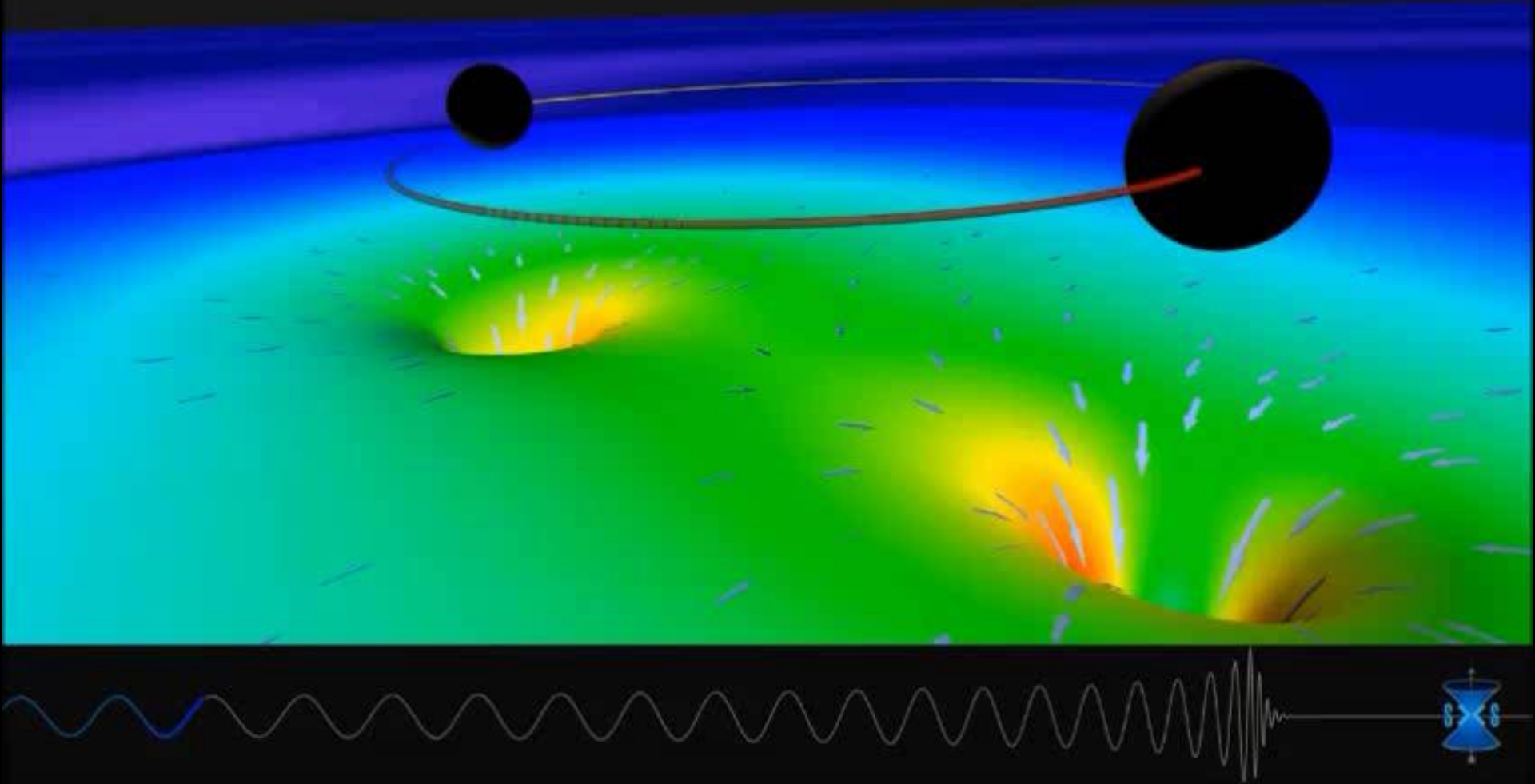
$$h = \frac{32\pi^2 G M R^2 f^2}{c^4 r}$$

So the binary system emits gravitational waves at **twice** the Keplerian orbital frequency.

For GW150914: $M \sim 30 M_{\odot}$ $r \sim 400$ Mpc

$R \sim 350$ km **!!!**

-0.50s



<https://www.ligo.caltech.edu/video/ligo20160211v10>

The basic physics of the binary black hole merger GW150914

*The LIGO Scientific Collaboration and The Virgo Collaboration**

The first direct gravitational-wave detection was made by the Advanced Laser Interferometer Gravitational Wave Observatory on September 14, 2015. The GW150914 signal was strong enough to be apparent, without using any waveform model, in the filtered detector strain data. Here those features of the signal visible in these data are used, along with only such concepts from Newtonian physics and general relativity as are accessible to anyone with a general physics background. The simple analysis presented here is consistent with the fully general-relativistic analyses published elsewhere, in showing that the signal was produced by the inspiral and subsequent merger of two black holes. The black holes were each of approximately $35 M_{\odot}$, still orbited each other as close as ~ 350 km apart and subsequently merged to form a single black hole. Similar reasoning, directly from the data, is used to roughly estimate how far these black holes were from the Earth, and the energy that they radiated in gravitational waves.

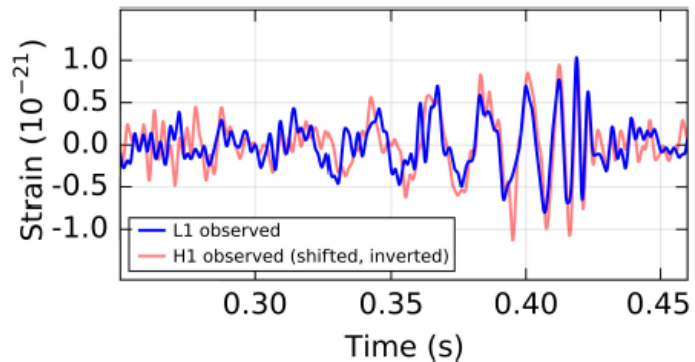


Figure 1 The instrumental strain data in the Livingston detector (blue) and Hanford detector (red), as shown in Figure 1 of [1]. Both have been bandpass- and notch-filtered. The Hanford strain has been shifted back in time by 6.9 ms and inverted. Times shown are relative to 09:50:45 Coordinated Universal Time (UTC) on September 14, 2015.

A black hole is a region of space-time where the gravitational field is so intense that neither matter nor radiation can escape. There is a natural “gravitational radius” associated with a mass m , called the Schwarzschild radius, given by

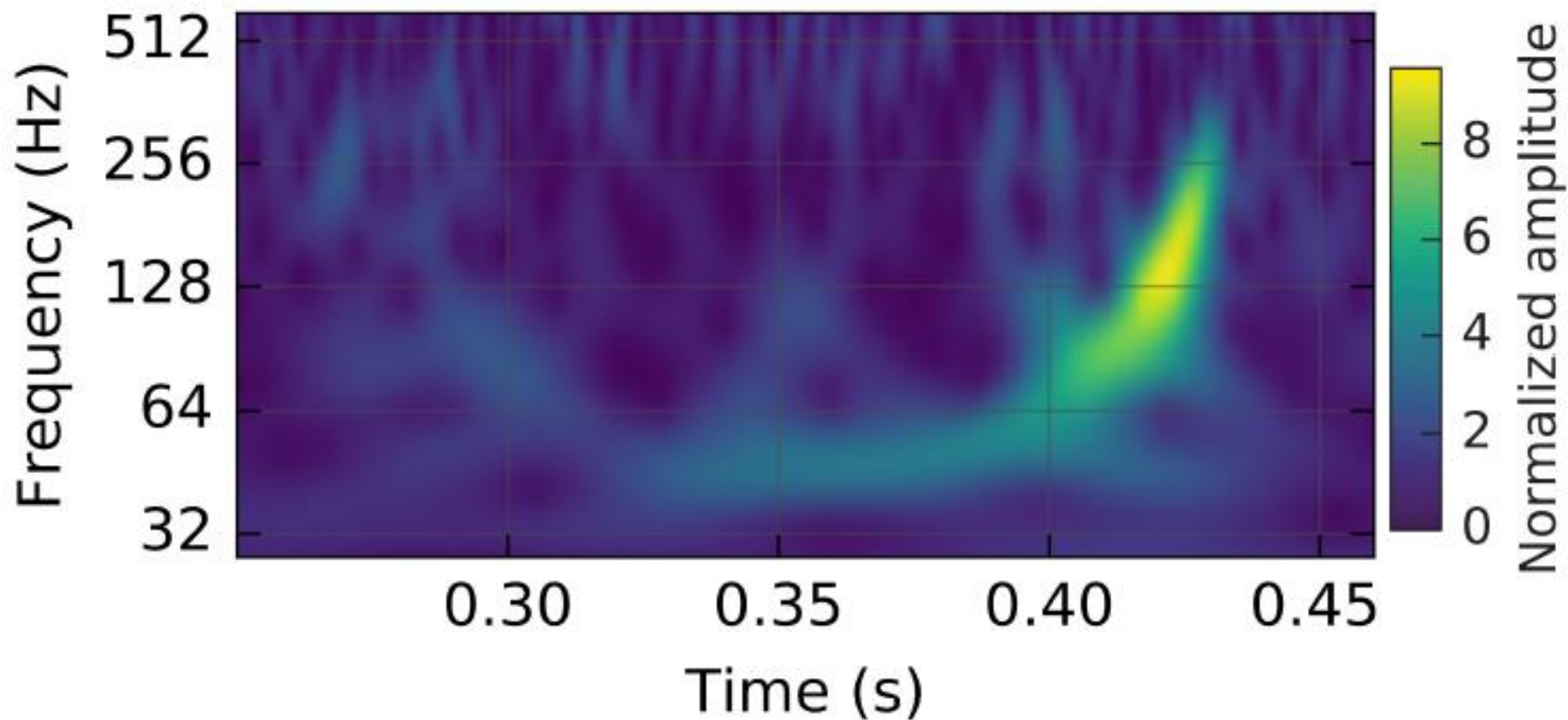


Figure 2 A representation of the strain-data as a time-frequency plot (taken from [1]), where the increase in signal frequency ("chirp") can be traced over time.

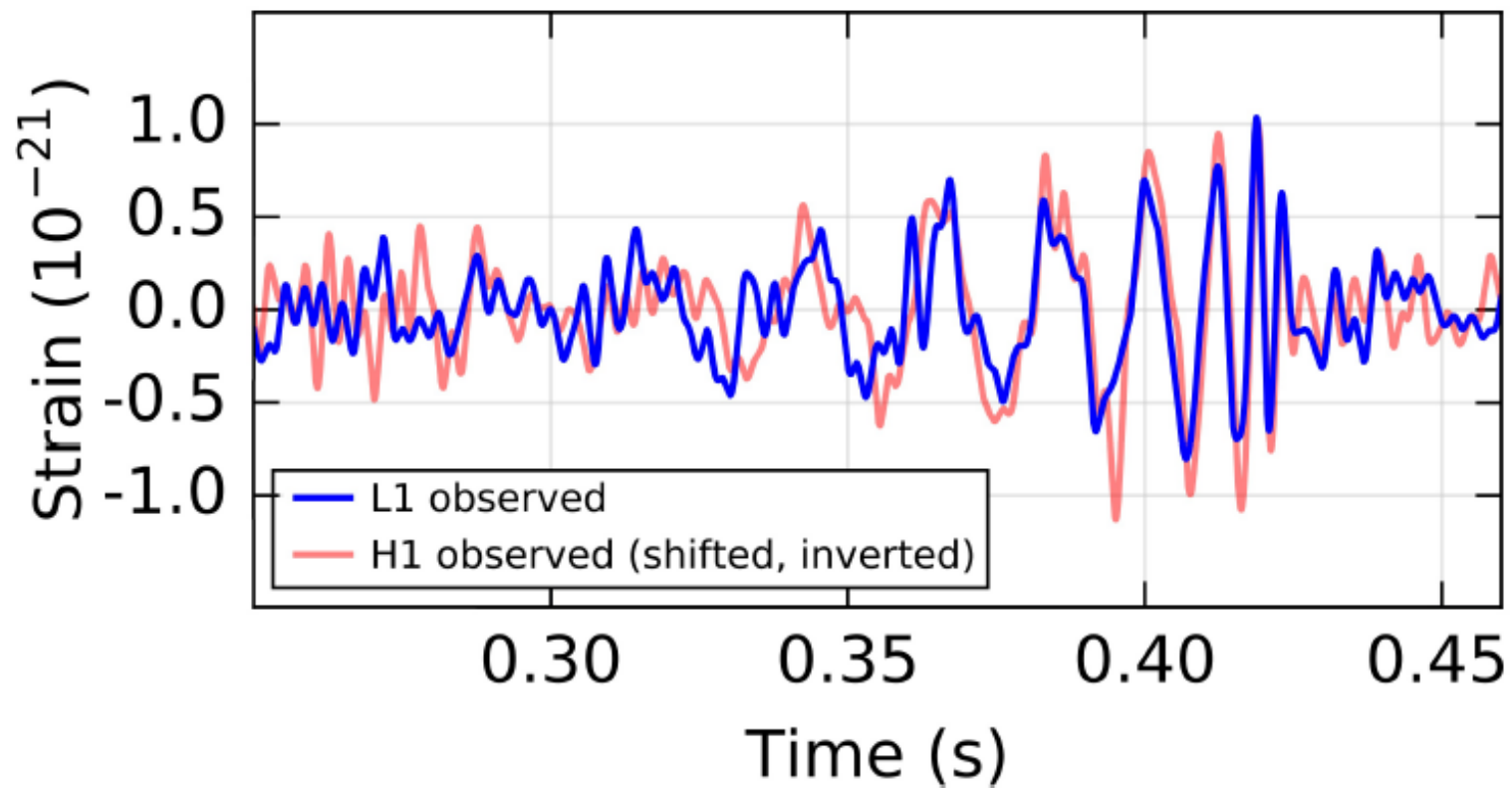


Figure 1 The instrumental strain data in the Livingston detector (blue) and Hanford detector (red), as shown in Figure 1 of [1]. Both have been bandpass- and notch-filtered. The Hanford strain has been shifted back in time by 6.9 ms and inverted. Times shown are relative to 09:50:45 Coordinated Universal Time (UTC) on September 14, 2015.

Linear fit of $f_{\text{GW}}^{-8/3}(t)$ from combined H1, L1 strain

